



News Notes

#992 A weekly bulletin for residents of Auroville 14 September 2023



Vinayagar Chaturthi

Ganesh is the Power that removes obstacles by the force of Knowledge — Ganesh (among other things) is the devata of spiritual Knowledge.

Letters on Yoga Sri Aurobindo

Equipped with qualities, a doer of works and creator of their consequences, he reaps the result of his actions; he is the ruler of the life and he moves in his journey according to his own acts; he has idea and ego and is to be known by the qualities of his intelligence and his quality of self. Smaller than the hundredth part of the tip of a hair, the soul of the living being is capable of infinity. Male is he not nor female nor neuter, but is joined to whatever body he takes as his own.

Swetaswatara Upanishad

Pondering



The Deva or Godhead is both the original cause and the final result. Divine Existent, builder of the worlds, lord and begetter of all things, Male and Female, Being and Consciousness, Father and Mother of the Worlds and their inhabitants, he is also their Son and ours: for he is the Divine Child born into the Worlds who manifests himself in the growth of the creature.

The soul of man soars as the Bird, the Hansa, past the shining firmaments of physical and mental consciousness, climbs as the traveler and fighter beyond earth of body and heaven of mind by the ascending path of the Truth to find this Godhead waiting for us

The Secrets of the Veda by Sri Aurobindo

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Dear Friends, readers of paper version!

We are working on improving the delivery of paper version of News and Notes on Fridays only with no delays.

Please let us know if you do not get your paper copy on Friday before 4:30pm.

Mail us @ newsandnotes@auroville.org.in.

The only excuse of late delivery us rain on Friday.

*Light and Peace
Roy and Agni*



House of Mother's Agenda



(continued from last week)

Any Westerner journeying there with the idea of finding peace or learning 'yoga' was certainly disappointed. First of all, no one would try to teach him anything (rather, 'un-learning' was what was required); there were no classes and no 'teaching,' except for Sri Aurobindo's written works and the Mother's *Questions and Answers*, which were at everyone's disposal (as well as all other teachings, in fact, both traditional and nontraditional). There were no rules, either. A disciple had to discover everything for himself, within himself, in the midst of a very active life. He was left to himself. How could mental rules possibly be drawn up for a work embracing all the levels of evolution—mental, vital, and psychic, all the human types and all the traditions and cultures (some disciples had been raised as Christians, others as Taoists, Moslems, Buddhists, atheists, etc.)? Each one had to find his own truth, which is never the same as the next man's truth. Some people in the Ashram believed in the virtues of asceticism—in spite of all Sri Aurobindo had said about it—and they lived as ascetics; others favored judo or football; others liked books and studies, while still others did not; some were involved in business, or manufactured stainless steel, perfumes, and even tons of sugar in a modern sugar mill. There was something to satisfy every taste. Those who liked painting painted; those who liked music had every possible instrument, Indian and Western, at their disposal; those who liked teaching became teachers at the International Centre of Education, which covered the whole academic spectrum, from kindergarten to the college level. There were also a printing press; scientific laboratories; gardens; rice fields; workshops for cars, tractors and trucks; an X-ray department and an operating room. Every conceivable human activity was represented. The Ashram was a microcosm. One could be a baker, too, or wash dishes, or try one's hand at carpentry, if one believed in the virtues of simple work. But there was no hierarchy among these activities; none was remunerated, nor was any considered superior to any other. All the practical necessities of life were provided for by the Mother—to each person according to his or her needs. The only essential task was to discover the truth of one's being, for which the external work was merely a pretext or a means. It was remarkable, in fact, to observe people changing activities as their consciousness awakened; soon, all the values attached to the former profession would fall away, and because money no longer had any meaning, one who considered himself a doctor, say, found that he was really more comfortable as an artisan, while a man with no particular education might discover that he had a talent for poetry or painting, or might become engrossed in the study of Sanskrit or Ayurvedic medicine. There was a complete recasting of all external values according to the one inner criterion. When a disciple once asked the Mother about the best way of collaborating in the supramen-

tal transformation, he was given this answer: *It is always the same thing: by realizing one's own being, in whatever form, by whatever means—it doesn't matter—but that is the only way. Each person carries a truth within himself; he must become one with that truth, live that truth. When he does that, the path he follows to unite with and realize that truth is also the path that brings him closest to the Transformation. In other words, the two—personal realization and transformation—are inseparably connected. Perhaps this multiplicity of approaches will even yield the Secret and open the door, who knows?*

There was no communal life either, only the inner connection. Some disciples kept the habit, from the days when the Mother used to talk to the Ashram children, of assembling twice a week for a collective meditation. But it was especially for sports that the disciples would get together. (There was a common dining room, too, although many chose to eat at home with their families, or alone.) There were all kinds of sports, from the traditional hatha yoga to tennis to boxing, and almost every disciple devoted an hour or two each day to sports. Although the sea was nearby, there was also an Olympic-sized swimming pool, as well as basketball and volleyball courts, running tracks, a gymnasium, a boxing ring, a dojo for judo, etc. Every possible sport was practiced there, with participants from the ages of five to eighty. There was also a theater and a cinema. Yet sports were not an article of faith; nothing was an article of faith, except, of course, for the faith in man's divine possibilities and in a truer life upon the earth. *All of you here, my children, live in exceptional freedom, the Mother would say to the youngest... No social constraints, no moral constraints, no intellectual constraints, no rules; nothing but a Light which is here.* But it was a very demanding Light, and this was where the terrestrial work began.

How can anything be 'terrestrial' with 1,200 disciples, or even a hundred thousand? The Ashram was actually only a concentrated point for the work. The real Ashram is in fact everywhere in the world, wherever human beings yearn for a truer life, whether they know of Sri Aurobindo or not, because their inner orientation and their inner need automatically place them in the same evolutionary crucible. Transformation is not one individual's prerogative; on the contrary, it requires many individuals, as diverse as possible. The Ashram was only a symbolic point of the work, as a laboratory is the symbolic testing-ground for a vaccine that will benefit millions of people.

(to be continued next week)

Satprem, *The Adventure of Consciousness*,
Chapter 17, *The Transformation*

https://sri-aurobindo.co.in/workings/satprem/adventure_of_consciousness_e.htm#066

With love and gratitude,
Gangalakshmi (HOMA)

Townhall Speaks

FROM THE ENTRY SERVICE—ES # 197

Dated: 14-09-2023

The following people have been recommended by the Entry Board to join our community. Please share your feedback within 2 weeks for potential Newcomers, Associates and Friends of Auroville and within 4 weeks for Potential Aurovilians, Returning Aurovilians, Youth and Spouse/Partner of an Aurovillian in writing to auroville.entryboard@gmail.com or auroville.entryservice@gmail.com. We thank you in advance.

NEWCOMER ANNOUNCED:



Dmitrii



Kavithanjali



Shubhendu



Sujata

- Dmitrii SEMENOV (Russian) staying in Maitreya1 and working at Matrimandir & Aurodent
- Kavithanjali RAMACHANDRAN (Australian) staying in Grace and working at Savitri Bhavan
- Shubhendu DASGUPTA (Indian) staying in Ami and working at CSR (Geomatics project)
- Sujata MOHANTY (Indian) staying in Prarthana and working at Matrimandir

NEWCOMER CONFIRMED:

- Kalaiselvan ELUMALAI (Indian)
- Radhika SEILER RAMADAS (Swiss)
- Savithri CHANDRAGASAN (Indian)
- Vengadesan NARAYANSAMY (Indian)

AUROVILIAN CONFIRMED:

- Chitra SADAYANDY (Indian)

NOTE: The Newcomer probation year becomes effective only after the NC kit has been returned and should not exceed 18 months from the date of confirmation.

A Newcomer becomes an Aurovillian once his/her name has been confirmed by The Admission Committee (aka the Entry Board) after following due process.

The date of becoming Aurovillian is the date of confirmation. A confirmed Aurovillian becomes officially a Resident of Auroville once the individual has filled in and signed the B-Form and his/her name has been entered in the Register of Residents (RoR) maintained by the Auroville Foundation Office (AVF).

A Resident of Auroville is eligible to become an executive of a Unit or Service of Auroville and to get an ID card issued by the Auroville Foundation.

A meeting with the Secretary of the AVF will be arranged by the Entry Secretariat according to the availability of the Secretary and not at any personal request.

Yours, The Entry Board
(Alain, Grace, Jayanthi, Lakshmanan, Matilde, Sara, Sonja and Swadha)

Entry Service Timings

- Monday, Wednesday, Friday, 9:30am—12:30pm
 - Tuesday & Thursday: Newcomer kits, 2:30—4:30pm
- 0413 2622707, auroville.entryservice@gmail.com
Submitted by William for The Entry Service

Community News

Matrimandir News

UPDATE ON THE MATRIMANDIR LAKE

September 2023

Background

According to the 4 year plan, which has been formulated by the current Matrimandir executives at the request of the RA Selection Committee prior to their being appointed, the Matrimandir Lake is to be completed by 21 February 2028, the Mother's 150 Birth Anniversary.

The concept design of the Lake adopted by the executives is the design of internationally respected lake engineer, Herald Kraft, which was approved by the Chief Architect of Auroville, Roger Anger, who was appointed and inspired by The Mother. According to this concept, the Lake will average 90 meters wide and have a central depth of 10 meters.

The Mother's vision that the Matrimandir will be surrounded by water, to create an isolating zone, is the primary motivation for the Lake project. The Mother also envisaged the Lake as a reservoir and water source for the City and this is an integral element of the current project as is Her vision that Auroville would investigate the use of desalinating ocean water for the City.

Lake Phase 1 (Test Lake)

The construction of the Test Lake was begun in 2019, with the HDPE sealant layer being completed just before the monsoon of 2022. The retaining walls at both ends of the Test Lake have been built using concrete "Lego blocks", manufactured on site.

Simultaneously, the outer perimeter of the Matrimandir Gardens was surrounded with a 7.5-meter-wide rainwater harvesting channel, (also sealed with HDPE liner) designed to catch the runoff from the Matrimandir Gardens area and feed it into the Test Lake.

With the harvested rain water of the 2022 winter monsoon and the summer rains of 2023, the Test Lake now holds 5.27 meters of harvested rainwater. The Test Lake is now as full as it can get as the current height of the lining on the walls is only 5.3 meters. These walls have been raised to about 8.5 meters but still have to be sealed with HDPE liner before October 2023, in order to harvest the rainwater falling on the Park of Unity during in the 2023 winter monsoon. (The walls are temporary, and will be dismantled and shifted as the Lake grows section by section.)

Presently there is too much harvested rain water in the Test Lake. In order for the HDPE liner to be applied up to the 8.5 meter height of the Lego block walls, water will have to be pumped out of the Test Lake and catchment ponds are now being prepared to store this water. Once the walls are fully lined, the water will be pumped back into the Test Lake.

Two other experiments are taking place in connection with the Test Lake. Firstly a giant 1000 cubic meter, HDPE liner cushion has been fabricated and will soon be lowered into the Test Lake and trials to fill it with fresh water will begin. This is a pilot scheme to test the feasibility of storing desalinated drinking water in the Lake while keeping it separate from the harvested rainwater. This cushion is currently lying, deflated, in the Garden of Youth. Experiments at inflating it with air have been carried out and consequently modifications have been made to ensure the cushion cannot over inflate.

Secondly the hill of excavated earth behind the workshops is being used for another experiment. A mini-lake has been dug at its summit and it has been connected to the Test Lake

by a large diameter pipeline. A turbine will be fitted inside this pipe. Water from the Test Lake will be pumped using solar power up to the mini-lake during the day and at night the water will be released back down to the Test Lake through the turbine, thus generating electric power. The mini-hill lake acts as environmentally friendly power storage eliminating the need for batteries. This is a prototype experiment, to further the research for a much larger project involving a large hill built from the earth excavated from the Lake and a large hill lake to store power for the City.

In the meantime, the Test Lake is being tested according to the original planning and the lessons learned will be incorporated into the construction of the next phases of the Lake.

Lake Phase 2 execution



Matrimandir from the new Viewing Point

Work has now begun to prepare for the excavation of the Lake, phase 2, to the south of the Park of Unity, adjacent to the Test Lake.

The first thing that needed to be done was to prepare a new Viewing Point. Fortunately large amounts of earth from the excavation of the Test Lake had been dumped

just beyond the outer shore of the lake in this area giving an elevated and panoramic view of Matrimandir and the Park of Unity.

As the new Viewing Point is not the final Viewing Point envisaged in the Master Plan, it was decided to keep the cost of the work to the minimum and reuse as many plants and materials, from both the old Viewing Point, the Rock Garden and elsewhere on site, as was possible in its creation. In a few short months, much helped by the mild and rainy summer, hundreds of trees and shrubs have been successfully transplanted on to the new Viewing Point and a beautifully landscaped area has been prepared where visitors can find both a wonderful view as well as shaded places to sit after their long walk from the Visitors Centre. The new Viewing Point was inaugurated on 15 August.

Lake Section 2 will be about 250 meters long and zero level has already been achieved for the first 170 meters. (Zero level is the level of the Oval Road of the Park of Unity.) In this section, the Open Water Channel has been removed and a simple gutter has been prepared to join the rest of the Channel to the Test Lake. The old Viewing Point and the Rock Garden have been removed. Every tree and bush that could be transplanted has been carefully transplanted. The next steps are to prepare the Outer Service Road of the Lake and make it strong enough to carry the heavy machinery needed for further excavation for which the surveying is now being done.

Soon it will be a challenge to find enough room to dump the excavated earth from Lake Phase 2, so research is on-going to acquire and install a conveyor belt to carry the earth from the Lake to the site of the large hill (see above) in the north east greenbelt.



The new Viewing Point

The goal for the construction of Lake Phase 2 is to have it excavated and lined with HDPE foil before the winter monsoon of 2024.

*Matrimandir executive team,
Antoine, Divya, Judith, John, Sundar*

Awakening Spirit

SAVITRI BHAVAN, SEPTEMBER 2023

Savitri
B H A V A N

Exhibitions

- **Meditations on Savitri:** the entire series of 472 paintings created by the Mother with Huta from 1961-67 is now on display in the picture gallery.
- **Glimpses of the Mother: Photographs and texts** in the Square Hall. A new Bilingual Exhibition on 'Sri Aurobindo: A life sketch in photographs' with texts both in English and Tamil is displayed in the upper corridor

Films

Mondays at 4pm in the Sangam Hall

- **September 18:** The Aim of Life. An outcome of the excellent educational work done by late Dr. Kireet Joshi. Duration: 52min.
- **September 25:** Sri Aurobindo and the Mother's Guidance in Everyday Life. Video of a talk by Dr. Alok Pandey reflects on our outer and inner life and its many levels. Duration: 42min.

Full Moon Gathering

- **Friday, 29 September, 7:15—8:15pm** in front of Sri Aurobindo's statue

Dream Divine Series

Directed especially at newcomers, Savitri Bhavan has launched a project called 'The Dream Divine Series'.

The goal of the project is to make newcomers understand the Aims and Ideals of Auroville, learn about the Life and Works of Sri Aurobindo and The Mother, and the Integral Yoga.

- There will be a weekly session every Wednesday 4:30—5:30pm.

The series will include presentations, films, talks, etc., followed by questions and answers.

Regular Activities

- **Sundays 10:30—12noon:** Savitri Study Circle
- **Tuesdays, Fridays, Saturdays 4—5pm:** L'Agenda de Mère: listening to recordings with Gangalakshmi
- **Tuesdays 4:30pm:** Mudra-chi led by Anandi
- **Thursdays 4—5pm:** Videos of The English of Savitri led by Shraddhavan
- **Saturdays 4:30—6pm:** Satsang, led by Ashesh Joshi
- **Exhibitions, Main Building and Office** are open Monday to Saturday 9am—5pm
- **Library and Digital Library:** Monday to Friday 9am—5pm

Everyone is welcome

*Submitted by Dhanalakshmi
for Savitri Bhavan Team*

UNITY PAVILION: DAILY PEACE MEDITATION

- Unity Pavilion, Peace Hall
- Monday, Tuesday, Wednesday, Friday, 6 to 6:45pm
- Thursday, 5 to 5:45pm



Submitted by Arun

THE AIM OF LIFE

Monday, 18 September, 4pm,
at Savitri Bhavan



Duration: 52 min

Throughout the history of human thought, there has been a persistent questioning as to what is the goal of human existence. As a free exploration of students and seekers, this educational film by Kireet Joshi (1931-2014) attempts to answer the following questions, 'What am I meant to do?', 'What role do I have to play in this vast and mysterious universe?', and 'What is the best and the highest goal that I should aim for to realize?'.

To see how various great historical personalities from science, philosophy, literature, and art from East and West sought, lived, and pursued their special 'Aim of Life' is both thought-provoking and mind-broadening. From the film we learn that the Buddha (563-483 B.C.) sought after *Uttar Transcendence*; Socrates (469-399 B.C.) for *Full Perfection of Knowledge and Life*; Alexander the Great (356-323 B.C.) for *Relentless Adventure*; Jesus Christ (4 B.C.-30 A.D.) for the *Kingdom of God* within and a totally new relationship between God and man; Prophet Muhammad's (570-632 A.D.) message was the submission to the *Will of God*; Shankara (8th century) tried to attain *Brahman or Reality*;



Leonardo da Vinci (1452-1519) was in search of *Excellence* in scientific investigation and artistic expression and integral development of man; Chaitanya's (1486-1534) aim was to realize the *Ecstasy of Divine Love*; Rene Descartes (1596-1651) wished to attain Truth through Reason; Swami Vivekananda's (1863-1902) fundamental question was 'Have you seen God?'; Albert Einstein (1889-1955) wanted to develop a *New World Vision* based on

the new perception of the relations between energy, matter, light, space, and time; Jawaharlal Nehru (1879-1964) wished to discover a *Living Philosophy* and bring it to India; and Bertrand Russell's (1872-1970) goal was to attain *Freedom of the Mind*.

The above paragraph shows that life offers many ways for human beings to pursue diverse aims of life. The Mother explored the possibility of having an *Integral Aim of Life*. Her play *The Ascent to Truth* provides insight into various goals of life and their limitations. Many people sought after the Truth, but very few proceeded and reached their destination. To succeed in it, the inquiry must continue despite the alluring temptations along the way. Towards the end of the play, she indicates the path towards an Integral Life and a New World: it requires that the seekers have faith and absolute trust in the divine grace and to practice total surrender to the Divine Will.

Kireet Joshi was in constant contact with The Mother and became more and more an expert in Free Education. The goal of his life was to promote Integral Education based on the ideas of Sri Aurobindo and The Mother and use it for teachers' training. His studies and educational research resulted in books and multiple articles, the film *The Aim of Life*, and the monograph *Aim of Life*.

He also established the *Sri Aurobindo International Centre of Educational Research* (SAIER) at Auroville and was the Chairman of the Auroville Foundation from 1999-2004.

Submitted by Margrit

ADORATION: DREAM DIVINE SERIES

Flowers are the Moment's Representations



A recorded Talk by Narad



Wednesday, 20 September, 4:30—5:30pm

In the Sangam Hall of Savitri Bhavan

Directed especially at newcomers, Savitri Bhavan has launched a project called 'The Dream Divine Series'. The goal of the project is to guide newcomers to understand the Aims and Ideals of Auroville, learn about the Life and Works of Sri Aurobindo and The Mother, and the Integral Yoga. There will be a weekly session every Wednesday 4—5pm. The series will include presentations, films, talks, etc., followed by questions and answers.

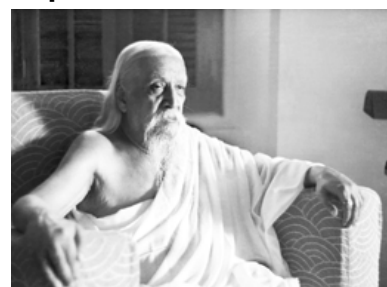
Everyone is welcome

*Dhanalakshmi,
for Savitri Bhavan Team*

**FUNDAMENTALS OF SRI AUROBINDO'S PHILOSOPHY
in Savitri**



A series of monthly presentations by Larry Seidnitz
Seventh presentation: The Occult Worlds



Tuesday, 19 September, 4—5 pm
@ Sangam Hall, Savitri Bhavan

This talk will consider Sri Aurobindo's views on the many worlds and regions of the occult which overtop and support our world of dense physical matter. For Sri Aurobindo, these are not merely subjective aspects of our consciousness, though our consciousness can access them, but organised planes of existence ranging in a hierarchy from matter to a rarified spiritual substance, complete in themselves and peopled with their own beings engaged in activities suited to their own plane of existence.

While they have their independent existence, they also have an influence on our world and on our individual day-to-day existence. By considering key passages in both his prose works and in Savitri on these issues, we will see how Sri Aurobindo's vision of these worlds gives us a deeper understanding and appreciation of their significance for our life and its difficulties and higher possibilities.

Everyone is welcome

Dhanalakshmi for Savitri Bhavan Team

STUDY CIRCLE



on The Synthesis of Yoga—Sri Aurobindo

On the Occasion of Sri Aurobindo's 150th Birth Anniversary

Sri Aurobindo Centre, Resource Library

Tuesdays, 4:30—5:30pm

- An exploration, led by Deepti Tewari

Since Two Years Bharat Nivas has been holding a weekly Study Circle on The Synthesis of Yoga—Sri Aurobindo

The Mothers very last message to Auroville: Auroville is created to realise the ideal of Sri Aurobindo who taught us the Karma Yoga. Auroville is for those who want to do the Yoga of work.

To live in Auroville means to do the Yoga of work. So all Aurovilians must take up a work and do it as a yoga

27.03.1973


She also said: "**Programme:** Research through experience of the Supreme Truth. A Life Divine. But no religions

02.05.1970

Regards, Vani, BN Cultural Team
0413 2622253



MOTHER FLOWER GARDEN



Mother's Flower Garden

Weekly classes by
Narada on Flowers and
Their Messages

Every Thursday from 5 to 6 P.M.

Venue: The Mother's
Flower Garden, near
Solar Kitchen

All are welcome

With Loving Regards,
MFG Team,
Jyoti, Naren, Poonam, Rabi & Satyakam

BOOK READING CIRCLE

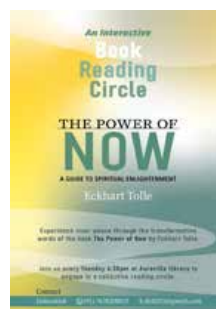
The Power of Now

Every Tuesday 6:30—7:30pm

Experience inner peace through the transformative words of the book 'The Power of Now' by Eckhart Tolle. Join us at the Auroville Library to engage in a collective reading circle.

Contact: Debashish, (91)
7678208825, b.deb253@gmail.com

Debashish



AMPHITHEATRE—MATRIMANDIR

Every Thursday at Sunset (weather permitting)

From 21 September onwards: 5:30—6pm

Meditation with Savitri,

Sri Aurobindo's long mantric poem read by Mother to the incredible music of Sunil

The season changes, we follow the sun...
New timing will be:

- From 21 September onwards:
5:30 to 6pm

Let's gather under the beautiful open space, with heavenly music in the very center of Auroville!

- **Reminder to all:** the Park of Unity is a place for silence, meditation and inner work, and is to be used only as such. We request everyone: please do not use cameras, I-pads, cell phones, etc. No Photos.

- Dear Guests, please carry your Guest Card with you
- Access only for the Amphitheatre from 5:15pm and for the meditation time.

Thank you, Surya and Amphitheatre Team



BRAHMANASPATI KSHETRAM

Celebration on Lord Ganapati Birthday



BRAHMANASPATI KSHETRAM
The Mother Sri Aurobindo Centre

Celebration of Ganesh Birthday
Monday 18th September, 2023



18th at 5pm - 6.30pm
Exhibition (Kolu), Recitation
of Ganesha Ashtottara
Shatanama Stotram, singing,
sharing stories about
Ganesha and prasadham

Flowers, fruits, sweets, lights
& incense are welcome

Exhibition (Kolu) will be kept
open on 19th to 22nd from
4pm to 6pm

Group visits are available
only in the mornings with
prior booking

WhatsApp +91 7639 845 821


All are welcome

No.3/134, Kalathu Mettu Street
Edayanchavadi, Auroville



BRAHMANASPATI KSHETRAM

Calendar of regular events, September 2023



BRAHMANASPATI KSHETRAM
The Mother Sri Aurobindo Centre

*To my dear little child
live only for the Divine*

Calendar of regular events of September 2023


Every Thursday 6:00 - 6:30pm
Meditation

No reading circle on Fridays for
the month of September only

29th, Friday at 6:30pm full moon, reciting
Sri Aurobindo's Gayatri Mantra for 30min

No.3/134, Kalathu Mettu Street
Edayanchavadi, Auroville

kshetram2014@auroville.org.in



Submitted by Rajan



MUDRA CHI

Every Tuesday at 4:30pm.
At Savitri Bhavan
Facilitator Anandi.ayun.

Everybody Welcome!

Submitted by Anandi

For Your Information

MONDAY THE 18TH DECLARED Vinayakar Chaturthi Holiday

As per G.O (Government Order) (Ms. (Miscellaneous)) No. 528 dated 31st of August, 2023 issued by the SHIVA DAS MEENA, Chief Secretary to Government of Tamil Nadu, states that the Government of Tamil Nadu, after careful consideration of the matter has decided to change the Public Holiday from 17.09.2023 (Sunday) to 18.09.2023 (Monday) on the occasion 'Vinayakar Chaturthi' under the Negotiable Instruments Act, 1881.

As per the S.E.W.A Holiday list published in the News & Notes #954 dated 22 December, 2022 it was stated that 'Vinayakar Chaturthi' falls on Sunday, 17 September, 2023 and the Employers are requested to note the changes in the date and declare Monday, 18 September, 2023 as a Holiday to their Employees for 'Vinayakar Chaturthi'.

Thank you for your services.

For any further details, clarifications or assistance in this regard, please do not hesitate to write to us.

With Warm Regards, Sandjivy
on behalf of S.E.W.A

THE INTERNATIONAL COMMUNITY

Second Encounter

International Community Sri Aurobindo and Mira Alfassa organize a Second Encounter by Zoom.

- 15 September, in India at 10pm.
- Anandi will be reading .
- There will be participants from Argentina, Chile, Brazil and Spain.

Anandi ayün, Lux.

Ecology

WORLD CAR FREE DAY

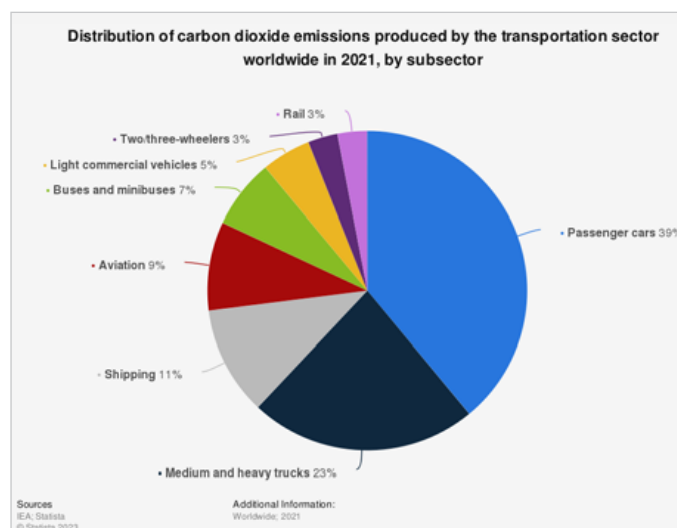
22 September



Auroville Vehicle Service is inviting all to participate in World Car Free Day, on 22 September, 2023.



It is a worldwide initiative to encourage motorists to take a break from driving and explore alternatives. So, if you want to be more environmentally friendly, take part in World Car-Free Day. Sure, giving up your vehicle may not be the most convenient way to go car-free, but it is the best way to stop gas-guzzling for even one day. Is it possible to go for an entire day without needing a car? Yes! It can be done. Let's try.



Submitted by Raju

Education

SAIER: CALL FOR PROPOSALS

Dear community, SAIER is now in the position to consider supporting projects in the fields of education and/or culture which will be conducted this financial year (ending 31 March 2024). SAIER is accepting project proposals in three categories:

1. Research
2. Activities
3. Publications

Please write to saiier@auroville.org.in to request these application forms. Project funds can support human resources and/or materials for the project. Projects must be of limited duration, instead of recurring yearly activities.

Please send us your proposals by **29 September, 2023** for them to be considered this year.

Please feel free to contact saiier@auroville.org.in with any questions.

Thank you, Kristen, for SAIER Team

FUN INDIAN MUSIC WORKSHOPS FOR CHILDREN

Monday, 25 September 2023 at CRIPA



Arpanna is delighted to present **Indian Music Workshops for children** by **Radhika Joshi**, a talented young musician on Monday, 25 September 2023 at CRIPA. These workshops will be a wonderful introduction to music in a fun manner with games and interesting teaching methods. There will be 1 session in the morning for 5-10 year olds and the 2nd session will be in the afternoon for 10-15 year olds. The entry for the workshops is free, however registration is required. These sessions are aimed at allowing children to experience how classical music too can be enjoyable and relevant to things around them; And how they can express themselves through music !

Radhika Joshi is a trained classical vocalist who loves to share her love for music with young children. She is a disciple of Pt. Raghunandan Panshikar, and has also studied under Padma Bhushan Smt. Girija Devi. Radhika has presented her music in several prestigious music festivals across the globe. In addition to her performances, Radhika regularly conducts workshops and lecture demonstrations that are designed to help listeners better enjoy the nuances of Indian classical music. In order to introduce classical music to children in an engaging and entertaining manner, Radhika has developed her own method which she has published in the book titled '**Phulwari Geeton Ki**'. Using this curriculum, Radhika has been conducting workshops in various cities that have been hugely successful and much loved by the children

- **Date:** Monday, 25 September 2023
- **Venue:** CRIPA
- **Time:** Session I 10am—12pm (for 5-10 year olds).
- **Time:** Session II 3pm—5pm (For 10-15 year olds).

Organized by Geeta (Kalpana) and Yogini (Kalpana).

*For Arpanaa, A Service Funded
by Auroville City Services,
Geeta*

MATHEMATICS WORKSHOPS AND WEEKLY SESSIONS by Enlight Activity.



Dear Reader, please take a note of the regular offerings by enlight as mentioned below.

- **Math is a play:** Weekly sessions for elementary levels, 1st and 2nd graders on visual mathematics.

These sessions offer a groundwork for middle school and high school math concepts in a playful, non-rigid way. We work together to understand these concepts through various experiences around us which later prove helpful in learning the same concept in a classroom.

These sessions are ideal for parents and children who are long term residents of Auroville.

- Every Saturday, 10am -12pm @ The European House
Please request an appointment to take it further.

- **Integral Education and Mathematics:** An Introductory workshop on Integral Education and Mathematics for short-term residents and visitors.

This two hour workshop is ideal for parents, teachers and anyone above 18 yrs who would like to learn from the writings of The Mother and Sri Aurobindo and how an understanding in mathematics can support an individual on the path shown by them.

- Every Friday, 4pm—6pm
- **To join or enquire about any of the above activities,** please connect via email enlight@auroville.org.in or phone, Snehal, 9529673687
- To understand our learning approach; please click on the link to listen to our podcast with Auroville radio <https://www.aurovillerradio.org/interview-with-snehal-d-roy/>
- This event is contribution based

*Arun, Anand and Balaji
For Enlight team*

AUROVILLE LIBRARY

Weekly Timings:

- **Mornings:** Monday—Saturday, 9am—12:30pm
- **Afternoons:** Monday, Wednesday, Thursday, Friday & Saturday 2—4:30pm, Tuesday 4—6:30pm

Story time At the Auroville Library!
Every Saturday, 10—11am: Children's storytime.

- **Contact:** 0413 2622894,
avlib@auroville.org.in
- **Web:** library.auroville.org.in/



Kristen for Auroville Library

Animal Care

LOST DOG



LOST DOG

FOUND in Auroville center field on 11/09

this Sweet Girl was found in center field on 11 sept. She is clearly lost and missing her home. She is currently at the Auroville Dog Shelter getting treatment for her injuries. She has a large cut on her chest, which is now stitched up. Please help us find her home, She is really missing her home! If nobody comes forward as her owner we will be taking adoption requests for a new loving home.

OUR CONTACT DETAILS:

+91 9843181598 (WhatsApp)
Auroville Dog Shelter



We found this dog that was injured and we think it must have an owner. We asked around but nobody could find the owner.

MONSOON IS APPROACHING QUICKLY!

We Need To Build Dog Houses!



At our dog shelter, we have dormitories where lots of dogs sleep crowded together but not everyone likes it. Now as the rainy season has started dogs, who usually sleep on their own outside, need to share the space with other dogs and it often comes to fights.

We want to build our dogs 30 individual dog houses where they can choose to live independently on their own or share it with a trusted housemate. Those dog houses will move to

our new dog shelter and will become a wonderful and cozy rain and sun-protected home for many of our residents.

The condition of the few dog houses we have is terrible and we urgently want to build new houses. Each house will cost about Rs. 4,000. We have set up a fundraiser on Milaap for Rs. 1.2 lakh and would ask everyone who can contribute to it to help our dogs! You can also donate directly to our FS account 251391. If you want to contribute in kind, and offer building materials or your skills, energy, and time, we would be extremely grateful!



- Please contact us at 812225266 WA, Arthur
- Milaap Link: <https://milaap.org/fundraisers/support-auroville-dog-shelter-3/>

LONG-TERM CORE STAFF MEMBER POSITION

Available

1/2 Maintenance Offered

The Auroville Dog Shelter is in a phase of expansion, and to match our growth, we are offering an opportunity for a dedicated dog lover to join our permanent core staff team. This role entails assuming responsibilities and necessitates your ability to work within our team.



**AUROVILLE
DOG SHELTER**

In exchange for 25 hours of work per week (spread across 5 days), we are able to offer 1/2 maintenance to Aurovilians or Newcomers, who are willing to work hand-in-paw with us to elevate the dog shelter to new heights. Beyond caring for our cherished four-legged residents, you will share responsibilities as an integral part of our core team. This role may also involve participating in dog rescues (holding a valid driver's license is a big bonus) and assisting our veterinarian.

Given the training, dedication, and responsibilities involved, we request a commitment of a minimum of one year following a trial period. This position requires the ability to handle stress, engage in physically demanding tasks, maintain a disciplined work ethic, and, above all, you need to show a profound love for animals.

- **For further details and to arrange an interview**, please feel free to contact Coco at (+33672046070) or Arthur at (812225266) via WhatsApp. We look forward to welcoming you to our core staff team in the near future.

AUROVILLE DOG SHELTER IS LOOKING FOR an additional executive!

If you've witnessed our crazy journey through the past four months, navigating through turbulent and challenging times, facing storms and impending destruction, and never experiencing even one week without surprises, you might think we're crazy to ask you to take on this crazy, challenging responsibility without the possibility of financial compensation (unless you manage to convince Auroville for urgently needed additional maintenances)

As we embark on building an entirely new Auroville Dog Shelter, we are seeking a strong-minded and big-animal-hearted individual to join our team as an additional executive. Your support will be crucial in helping us realize this significant project and build something truly remarkable for our dogs and the entire Auroville community.

Your daily presence at the shelter isn't required, but your strong connections within Auroville and knowledge of problem-solving within the sometimes confusing Auroville

system will be a valuable asset. With our ongoing need for funding to constantly improve our animal care and expand our AV Community services, we would really need you to handle countless boring grant applications, oversee donation gateways to ensure our commitment to 100% transparency, and assist with organizing various tasks, be they sometimes as banal as finding firewood so we can cook our dogs their meals or even setting up and organizing major charity and fundraising events. The sky is the limit!

We need your professionalism, enthusiasm, patience, love for our dogs, and willingness to participate in our grand vision to build the best model dog shelter in India for our beloved Auroville.

- If you think you've got what it takes and want to join us on this incredible journey towards a bright future for the Auroville Dog Shelter, contact us, meet the team, and let us talk!
- Contact Arthur on 812225266 WA

Arthur for Auroville Dog Shelter

Health Care

SANTÉ SERVICES AUGUST 2023



Working Hours

- Monday—Saturday, 9—12:30pm & 2—4:30pm

Tests and Sample collection

- Monday—Friday before 12pm.
- No sample collection on Saturday.

For emergencies

- Auroville Ambulance 24/7: +91 9442224680
- Government Ambulance 24/7: 108

Appointment

- Please call Santé on 0413 2622803 during working hours for an appointment

Santé Services Schedule

Doctor consults with Dr.Senthil & Dr.Sana: Monday to Saturday	Nursing Care: Ezhil, Thilagam, Archana & Sandhya: Daily, No appointment necessary
Ayurveda with Dr.Be & Dr.Sonia: Monday/ Wednesday/ Thursday/ Friday	Pregnancy Care & Women's Wellness with Paula: Tuesday & Wednesday
Acupuncture with Andres: Monday to Friday	Homeopathy with Michael: Monday/ Wednesday/ Saturday
Integrative Psychotherapy with Juan Andres: Monday to Friday	Physiotherapy with Arun: Monday to Saturday
Functional Medicine with Lize: Monday to Saturday	Physiotherapy with Rebeca: Monday/ Wednesday/ Friday
Bio-Well Assessment (Evaluation of your well-being) with Helena: As per availability	Physiotherapy & Massage with Galina: Monday to Friday

- In Santé, we value our patient's confidentiality & make every effort to ensure their privacy.
- In case of cancellation or to reschedule, it is necessary to inform us in advance.

Submitted by Dasha for Sante Services

sante@auroville.org.in
<http://sante.auroville.org.in>

AURODENT DENTAL CLINIC



Dental Clinic
 Auromode, Auroville.

For Appointment please contact us

Email: aurodent@auroville.org.in

Phone: 0413-2622063 What's up: 9629199328

Working hours

Monday – Friday (9am – 1 pm & 2pm – 6 pm) Saturday (9am – 1pm)

Submitted by Sudha

MORNING STAR SERVICES

Morning Star is a unit of the Health and Healing Trust, made up of midwives and doulas who support pregnancy, childbirth, breastfeeding and offer women's wellness GYN care in Auroville. We offer our services to all and invite you to participate and benefit. Our goal is to bring respectful health and maternity care to women and families in Auroville.



Consultations

Consultations available with midwives, doulas and breastfeeding advisors. We offer consultations at Santé during pregnancy and through the child-bearing year. We provide well-woman care including Pap tests, and other screenings, menarche through menopause.

- Book an appointment through Sante: 0413 2622803

Teens

We offer consultations for teenagers by appointment with strict privacy protocol.

- Contact by email morningstar@auroville.org.in

Classes

Childbirth preparation classes, including fathers, are offered throughout the year.

- Location: Hall of Light, Creativity Community
- Time: Wednesday evening
 - 5—6pm, Movement classes like Yoga, dance, breath work, etc
 - 6—7pm, Education on various aspects of pregnancy, birth, new-born and breastfeeding
- Most of the sessions are offered in English and Tamil.
- To join the classes: Bala, +91 9892699804 WA

Parents' Group

Rotem is planning a support group for mothers and fathers who have had a baby in the last year.

- 10—11:30am, Wednesday mornings, Hall of Light
- Interested? Rotem, +91 8056888715 WA
- If you would like to know more about our work email us at morningstar@auroville.org.in
- For general administrative queries: Bala, + 91 9892699804 WA.

*Best Regards,
 Balaganes SIVA*

AUROKIYA INTEGRAL EYE CENTRE @ ARKA

Working Hours: Monday—Saturday, 9am—5pm

The following services are provided

- Emergency eye care services with primary-level care
- Complete eye testing facilities for eye problems
- Follow-up services for surgeries and consultation from Aravind
- Spectacles and contact lenses
- Eye medicines (Homeopathy, allopathy, and Ayurvedic Drops)
- Personal guided support to visit Aravind eye hospital for surgeries and procedures
- Personalized eye exercise training, eye yoga sessions, and vision therapy sessions. Both morning and evening slots are available



Contact

- aurokiya@auroville.org.in; aurokiya@gmail.com
- WA/ Mobile: 8012305151, www.aurokiya.com

Thanks, Aurosugan, Aurokiya team

BIRTH—ENTRY INTO THE PHYSICAL WORLD

Miracle and Significance of Birth

Easier, happy, healthy and safe births. For everyone, who ever was born, has birthed, will birth or knows someone who does—for everyone!

Education starts at Birth,—says The Mother—how can we integrate this and many other words of wisdom from ‘the two who are one’ in the very start of life of our children?

For the way our children are born, how they arrive on this planet greatly matters. Especially here in the City of the Future we shall understand the significant imprint the very first moments have on the life of the individual baby and its family as well as the potential these very first moments hold for humanity as a whole.

- **23 September 2023, 5:30pm. Birth—Entry into the Physical World. Significance and Miracle of Birth.**

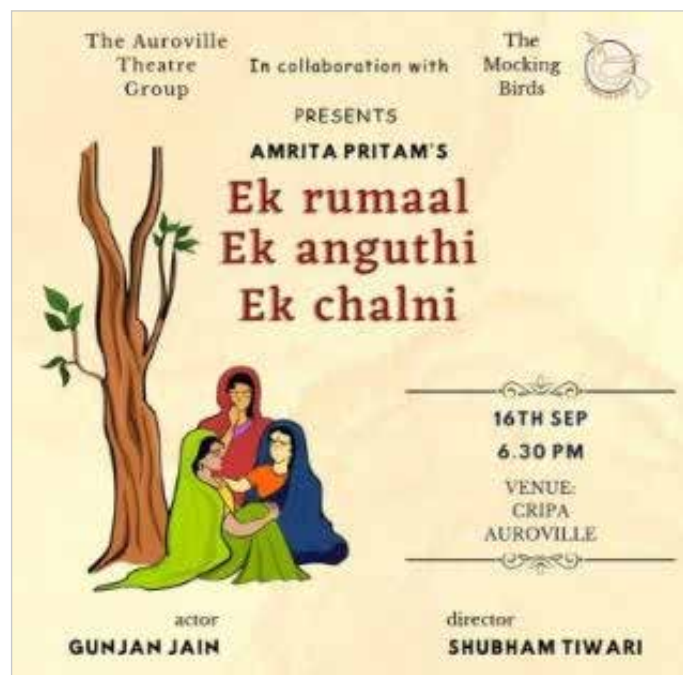
60-90 mins Slide Presentation with Q&A by Ulrike Urvasi

- **at Pavilion of Tibetan Culture**

Ulrike Urvasi is a Nurse, Birth-Doula and Practitioner of Shiatsu and Traditional Chinese Medicine

Ulrike

The Arts



EK RUMAAL EK ANGUTHI

EK CHALNI

16 September, 6:30pm, Cripa

Shubham tiwari: Ek Chalni, Ek Anguthi, Ek Rumaal is a solo play designed and directed by Shubham Tiwari and Acted by Gunjan Jain who is a Theatre & Film actor and the story is by Amrita Pritam. The Play has various content like poetry, couplets and songs by famous poets Shiv Kumar Batalvi, Ghalib, Bulleh Shah, Amrita Pritam and Bhartendu Kashyap.

- The play has a simple yet beautiful set with minimum props. The play is almost one hour long.

Jill

TEMPORAL DIMENSIONS

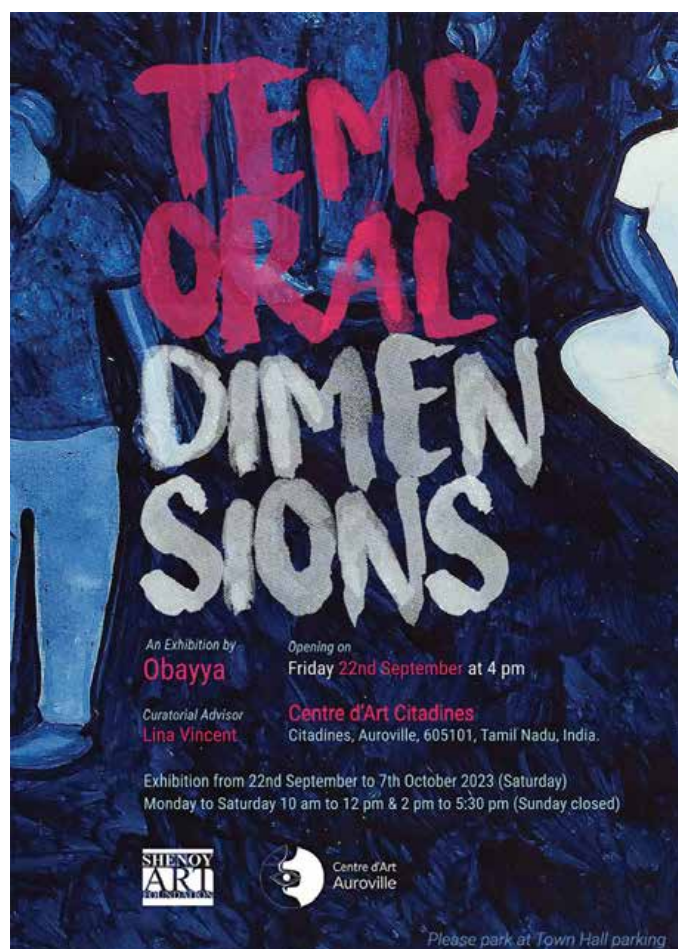
Friday, 22 September at 4pm

Opening of the exhibition "Temporal Dimensions"



Centre d'Art
Auroville

by Obayya



Exhibition from 22 September to 7 October 2023

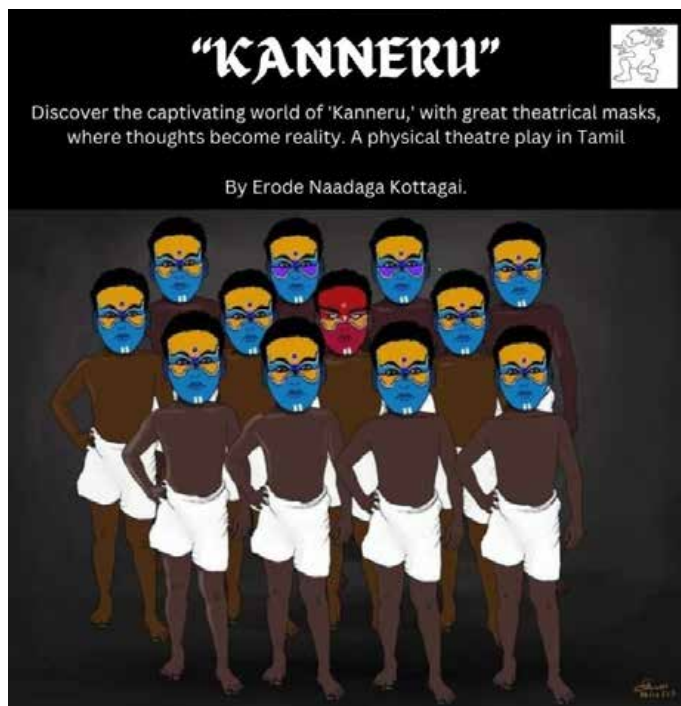
- Gallery hours Monday to Saturday 10am—12pm, 2—5.30 pm
- Centre d'Art Gallery, Citadines, Auroville.

Please Park at town hall parking.

Submitted by Maud for Centre d'Art Team

KANNERU

Sri Aurobindo Auditorium
Saturday, 23 September, 7pm
Duration: 1 hour



Discover the captivating world of 'Kanneru,' with great theatrical masks, where thoughts become reality. A physical theatre play in Tamil, By Erode Naadaga Kottagai.

The play 'Kanneru' explores the mysterious power of the human mind, which can create and destroy things.

It emphasizes that how we handle our thoughts defines us. Negative thoughts can make a person seem lifeless, and many people today have such pessimistic minds. To protect their accomplishments from envy, people hang "thirusti dolls" in their homes, believing it will ward off jealousy.

But what if these dolls could actually absorb a person's negative intentions? What message would they convey, and how would people react? 'Kanneru' drama delves into these questions, offering insights into the consequences of destructive thoughts.

9 performers on stage with big masks and live music.

Submitted by Vani, BN Cultural Team.

PITANGA: WHISPERING SOUL, ART EXIBITION



Unveiling the Unseen World

A delicate communication from the soul to the artist.

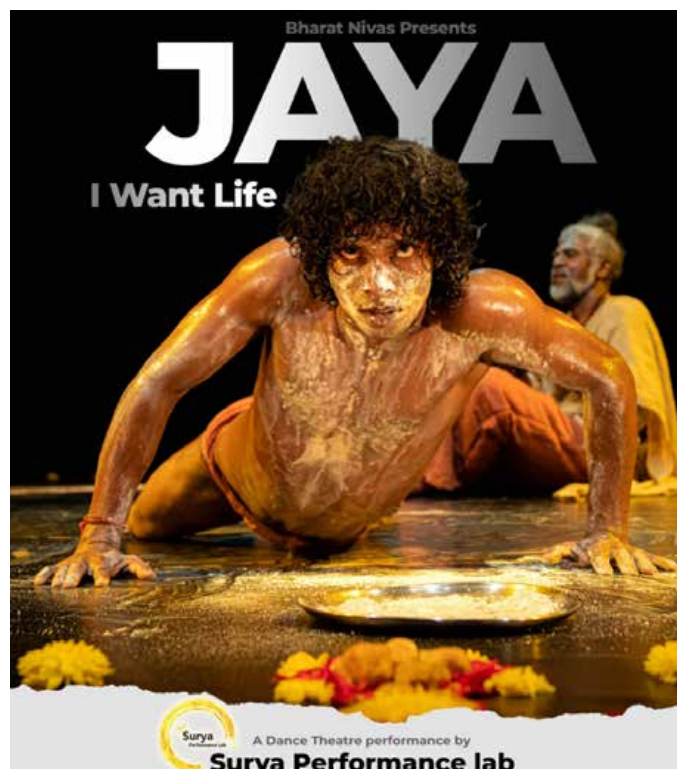
Unveiling suggests an act of revelation, a lifting of the veil to expose what lies beneath. Hufreesh encourages viewers to explore and engage with the mysteries that lie just beyond our grasp through these artworks.

- The exhibition is extended till Saturday, September 16, 2023.
- Monday to Saturday, 8:30am—12:30pm and 2:30—5:30pm

Pitanga Cultural Centre
2622403/ WA 9443902403, info@pitanga.in
Submitted by Andrea

JAYA, I WANT LIFE

15, 16 September, 7pm
@ Sri Aurobindo Auditorium, Bharat Nivas



After Bhu, Vast, Who am I; Is this the End? Surya Performance Lab is happy to present his new creation: 'Jaya, I want Life'. On 15 and 16 September, the world premiere at 7pm at the Sri Aurobindo Auditorium, Bharat Nivas.

It is a dance-theater performance that combines the oldest Indian martial art in the world, Kalaripayattu, with hip-hop dance, contemporary dance, theater, and live music. This show offers a new creative form inspired by the Origin and is fully contemporary. It is an artistic experience that 'defies boundaries and status quo'. Jaya is a young Indian living in a poor neighborhood of a megalopolis. He is a dancer but faces a lot of resistance from his parents for him to be an artist. He wants to break free from the polluted, noisy, chaotic megacity and from this feeling of confinement. Beyond all pressures from family, society, and their expectations, he is looking for his truth, identity, and freedom. Jaya is a transformational journey of a young man, from the streets to his own kingdom. We have created 62 shows, toured in 83 countries, and played in the biggest festivals and most famous venues in the world such as the Opéra de Paris, the Théâtre de la Ville, La Villette, etc.

I can honestly say that 'Jaya I want life', our new creation, is one of our best shows yet! Powerful, moving, and full of tenderness, love and humor. With a universal story, performed by two excellent and brilliant actors, dancers, and musicians'.

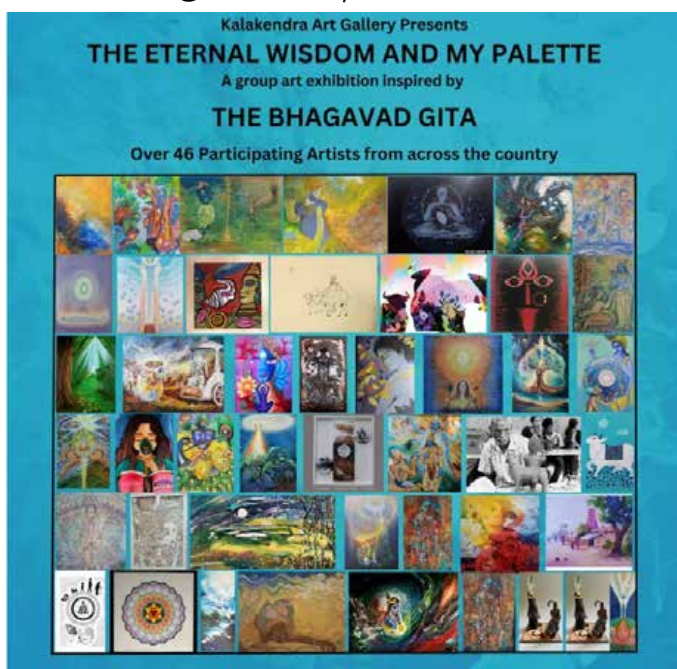
Philippe Pelen, director and choreographer.

- Free entry for Aurovilians and newcomers.
- For guests and visitors: Booking link on the poster
- For enquiry, call: 9787880211
- Trailer: <https://www.youtube.com/watch?v=ii4fRvTBsNk&t=5s>
- Website: <https://www.surya-performance-lab.com/>
- Email: suryaperformancelab@auroville.org.in



*Thank you for your seva and support
Warmly, Philippe and Thierry*

KALAKENDRA ART GALLERY PRESENTS
The Eternal Wisdom And My Palette
Onwards till 24 September, 9—4:30pm
@Kalakendra, Bharat Nivas



A group art exhibition inspired by The Bhagavad Gita
Over 46 Participating Artists from across the country

- Open daily from 9 am to 4.30 pm Sundays open
- Enquiry contact: Kalakendra Office, 0413 2622488 & Krishna, 9787880211

Parking available outside the Bharat Nivas main gate

Vani

Activities

TANGO DANCE CLASS

Every Monday, Cripa, 6:30pm

- By appointment: Any time you can do class

Information

- Bring water bottle, socks
- Every month new batch beginner
- Minimum commitment 1 month
- Listen more Tango music
- Dance Tango every day by booking for couples or Individuals
- Be on time

For bookings contact us:

- +918637633696, bakisatadance@gmail.com.



Submitted by Mani

BLIND BUBBLE

Thursday, 14 September, 5:30—7pm
@ Le Morgan



Youthlink invites you for our Blind Babble Event taking place on Thursday, 14 September.

This event was created to provide you with the experience of meeting and discussing loads of different topics and questions in a safe environment over some tea and cookies with other people.

Your partners will be provided with a stack of cards, each one containing a unique question meant to encourage deep thought and creative verbal expression.

- Join us in Le Morgan from 5:30pm to 7pm
- It's a walk-in event and everyone is welcome!

Warmly, Gautam from Youthlink team

SITAR CLASS

Sitar Class

For beginners

Heal with Sitar.

Everyday 2:30 - 5:30pm

Duration: 1 hour

Cost: Towards Contribution

Call/text on 9110654617

By : Rumi(Auroville volunteer)



I am a volunteer in Auroville who is interested in teaching Sitar. I am passionate about teaching and I want to share the joy of this music and the healing I have received through it.

Thank you, Rumi

KARAOKE NIGHT

Wednesday, 20 September, 7:30—10pm

@ Nowana (Auromodele)

Are you just a bathroom singer? Have a friend who sings every song on the radio? Grab your friends and come to one of the most fun events to make your evenings groovy! Join us for Karaoke Night

It's a walk-in event and everyone is welcome!



Warmly, Gautam from Youthlink team

SALSA DANCE CLASS

- **Beginner Class:** Every Tuesday, 6:30pm
- **All Levels:** Every Saturday, 6:30pm
- **By appointment** any time you can do Salsa, Bachata Kizomba
- **Need To Bring:** Socks, Water, Smile
- **Venue:** New creation Dance studio
- **Register before coming:** +918637633696

Mani, @bakisata_dance



SWIMMING CLASS

- Kids 6+ & Adults
- Courses from beginners to advanced level
- To book contact
- +91 8637633696

Mani



The Sound of Bamboo

Various Styles of the Indian Flute



Group Classes With Michael

- Kalabhami Music Studio
- Every Friday
 - Beginner: 11am—12pm,
 - Advanced: 12noon—1pm
 - Drop in is possible at any time, flutes available to borrow or buy.
- Contribution:
 - Aurovilians, NCs, Volunteers & Local Villagers: Free donation
 - Guests: Contribution required
- More Info: www.the-sound-of-bamboo.com
- To Donate: <https://pay.auroville.org/divine-arts>
- Learn More About Divine Arts:
 - <https://auroville.org/page/divine-arts>

Warm Regards, Dave, +440 7564119728

djsevans87@gmail.com

PAINTING CLASSES WITH SATHYA

- Watercolor Class By Sathya. Every Monday 5—7pm.
- Life Drawing Session. Every Tuesday 5—7pm.

Contact: +91 9486145072 WA



Warmly, Sathya

ABHAYA

Offers Martial Arts Classes

Abhaya is an Aurovilian Activity that offers classes of martial arts since 2015. Our coaches are former pro-fighters with extensive experience in training and teaching. Our philosophy is to train both the external and the internal aspects of martial arts: test our skill and be confident about the efficiency of the techniques, but also develop an inner sense of progress and become aware of our state of consciousness under pressure, through self awareness and self-discipline. Our classes are open to students of all levels, we have both absolute beginners and students that have already competed in elite tournaments.



Regular Classes

- Monday 5:30pm: Neijia (internal martial arts) and self defense
- Wednesday 5:30pm: Grappling and MMA
- Friday 5:30pm: Kickboxing and K1

Contacts

- abhaya@auroville.org.in, 9487340778 WA
- Check our work and follow us here: https://www.instagram.com/giacomo_writer_auroville/



Martial Art Classes For Kids

- Tuesday, 5:30pm @ Dehashakti Gym.

Dear Community, Abhaya is receiving a lot of requests about martial art classes for kids.

We are happy to share that we can start offering classes for kids from the age of 7 to the age of 14 for the month of August, every Tuesday at Dehashakti Gym at 5:30pm.

The instructors are Chloe, Brazilian Jiu Jitsu blue belt, and Giacomo, certified instructor of self defense and MMA.

We will mainly offer Brazilian Jiu Jitsu, which is a very safe practice and at the same time one of the most efficient forms of martial art.

- <https://www.youtube.com/watch?v=ZzEB-GtOjys>
- Please contact us to sign up: abhaya@auroville.org.in or 9487340778 WA



Bharat Kandare Classes

Abhaya has the great pleasure to host one of the best Indian fighters ever: Bharat Kandare, the first Indian UFC fighter in the history of MMA. Do you wanna train with us?

- Contact Abhaya via email abhaya@auroville.org.in or via 9487340778 WA for more info.



See you on the tatami,
Giacomo

AUROVILLE TANGO ACTIVITIES



Monday, Class

7pm intermediates;
8pm beginners

Wednesday, Practica

7:30pm guided practica
8pm practilonga

Friday, Open Source

6:30-8pm



Venue: Harmony Hall, Bharat Nivas

No partner required,
bring socks or dance shoes
and plenty of cheer!

+91 98211 66082,
tango@auroville.org.in

Submitted by Aurevan

FEMININE DANCE CLASSES IN CRIPA

Feminine Dance classes in Cripa, based on Tribal Fusion and Belly Dance freestyle and combination With 'Masala' music from all over the world, any woman and girl can dance.

• Tuesdays: All Levels.

- Girls: 4—5pm
- Women: 5:30—7pm

• Saturdays: Beginners, 11am—12pm



Renana,
+91986544472 WA

KALPANA GYM



Kalpana Gym has a new Caretaker

It is open

- 7—9am & 5—8pm
- Monday To Saturday

All Are Welcome, Satyakam

AUROVILLE BAMBOO CENTRE September Workshops 2023

Bamboo Centre Campus Tour

Bamboo centre campus tour offers a holistic experience into the world of bamboo all in one place. Takes you from the bamboo sapling, different species, varieties of raw materials, workshops, products, food and wellness services related to bamboo is curated into an educational tour with bamboo tea and refreshments.

- Timings: 9am -12:30pm; 1:30—5pm
- Days: Everyday except Sunday
- Registration: One day in advance.



Every Saturday Auroville Bamboo Tour with Special Bamboo Lunch

- Timings: 11:30am—12:30pm
- Days: Every Saturday
- Registration: One day in advance.

Training and workshop

The importance of Bamboo as an Eco-friendly raw material capable of meeting many needs and is gaining global acceptance among many people.

Being a natural gift to mankind, bamboo is very popular due to its multipurpose use, fast growth, easy propagation, soil binding properties and short gestation period.

- Daily: Make and Take Hands On Workshops, Experiences and Educational Tours available

One-Day, Make and Take Workshops

Furniture Workshop

This Immersive Learning Experience that offers the Opportunity to learn the Fundamentals of Furniture Construction and then MAKE AND TAKE the Furniture Piece Back home. This Unique Workshop will take place under the Guidance of an Export.

- Timings: 9am—12:30pm; 1:30—5pm
- Days: Everyday except Sunday
- Registration: One day in advance.

3 Hours Make and Take Workshops

Bamboo Toys

Come and learn to make your own Bamboo Toys at Bamboo centre and take home your own hand made Toys at the end of the workshop.

- Timings: 9am—12:30pm or 1:30—5pm
- Days: Everyday except Sunday
- Walk-in registration



Bamboo Musical Instruments

We at Bamboo Centre are happy to share our vast experience and knowledge gained over 15 years. Come and learn to make your own traditional / folk instruments at our centre from professional crafts men and take home your own hand made instrument at the end of the workshop.

- Timings: 9am—12:30pm or 1:30—5pm
- Days: Everyday except Sunday
- Registration: Walk-in registration available

Bamboo Jewellery

Choose to craft, out of bamboo and learn to make your own Bamboo Jewellery at Bamboo Centre from professional craftsmen and take home your own handmade Jewellery at the end of the workshop.

- Timings: 9am—12:30pm or 1:30—5pm
- Days: Every day except Sunday
- Registration: Walk-in registration available

Upcomming Workshops

Bamboo Reinforcement Workshop

This workshop focuses on Bamboo reinforcement technique from bamboo and various natural materials. The Bamboo Reinforcement workshop will take place over 4 days, covering full day intensive sessions offered daily from 9am to 5pm.

- Dates: 27 to 30 September, 9am to 5pm

3 Hours Make and Take Workshops

Make and Take Bamboo Ganesha Memento

Come and learn to make your own Bamboo Ganesha at Bamboo centre and take home your own hand made Ganesha at the end of the workshop.

- Timings: 1:30—4pm
- Days: 16 September
- Registration: One day in advance.

Upcomming Events

World Bamboo Day Celebration and Open House

We are pleased to announce we are organizing our annual **Bamboo Day special event to be held on 16 September!** This is a worldwide event celebrated in many places on 18 September. Due to the Ganesh Pooja celebration on 18 September, we have organizing the event in earlier on 16 September as a **7th Bamboo Day in Auroville**. As part of our event schedule, we have planned many interesting seminars, Bamboo Products Open House, Cultural Programs, Bamboo Special Lunch and Inauguration of Tree House, Bamboo Sculpture and etc.

- Timings: 10am—5pm

For more information, special requirement, and pre-booking contact:

- Preferred through bamboocentre@auroville.org
- telephone number: +91 8300949081, 0413 2623806
- Flexible training dates offered to groups
- Contact: Voice call and 8300949081 WA

www.aurovillebamboocentre.org

Murugan For Bamboo Centre

ENLIGHT ACTIVITIES

Auroville One Day Tour



Auroville One Day Tour

Imbibe the Auroville experience and journey through the cultural diversity of the international township

- Journey of Auroville
- Village crafts
- International zone
- Forest walk
- Sustainable farming
- Drumming circle and bonfire

One Day prior booking needed

*Including Lunch

ENLIGHT
Light of Auroville

+91 91594 68946
+91 82700 71581

enlight@auroville.org.in

Time To Travel

TIME TO Travel to beautiful places

You can definitely count on us for tourism. We will provide all kinds of services required for our tourism.

Package details:

- Travel arrangements at 2 locations.
- Accommodation,
- 1/2 tour guide.
- Private car.

Book now

082700 71518/ 91594 68946/ 76398 10621
enlight@auroville.org.in

BIOREGION VILLAGE TOUR

Take a break from your city life and dig deep into the heart of rural villages around Auroville where a land of peacefulness, farming and ancient customs still exists.



Traditional Welcome

Village Walk

Kolam Experience



Handicrafts

History and Culture

Native Lunch



One day prior booking

For inquiries
Scan here



enlight@auroville.org.in +91 91594 68946, +91 82700 71581

Township Cycle Tour

Radiating out beyond the Matrimandir Gardens are Four Zones and a Green ecosystem, each focusing on an important aspect of the township's life.



Industrial Zone

Green Belt

Residential Zone



International Zone

Cultural Zone



One day prior booking

For inquiries
Scan here



enlight@auroville.org.in
+91 91594 68946 / +91 82700 71581

EXPLORATIVE EDUCATIONAL EXPERIENCE

Experience Auroville and travel through the cultural consciousness of the international township



Arts and Crafts

Visitor Center

Resident Family Visit



Units and Activities

Ecological Farming

Bonfire & Drumming



Spiritual Journey

Canyon Exploration

Nature Trail

One day prior booking

For inquiries
Scan here



enlight@auroville.org.in
+91 91594 68946, +91 82700 71581

Help Needed

UPDATE FROM DONATION CHANNELING GROUP



Dear Friends, This is to inform you that the new donations channeling processes are undergoing feedback review and auditor's vetting. So the last date announced for project/ unit registering by 31 September is under review. We will update you when the process is ready to begin.

Meanwhile, the current processes for donations continue as has been happening till now.

Donation Channeling Group, Naren & Sandeep

SUPPORT

Accessible Auroville Public Bus Service

Accessible Auroville Public Bus service started in 2016 with help of an Italian donor, who contributed to purchase a public bus to Auroville. Since 2016, we have received good support from Aurovilians, guests and all. The service self-sustained by collecting contributions from the bus users to cover the running expenditures. We were supported by the AVI Canada to cover the yearly maintenance like, Insurance, Fitness Certificate, Yearly Maintenance of the vehicle. Since the covid-19, the users of the bus have reduced and it became hard to cover the running cost of the bus. Therefore, we often request help from the community to support. We tried different options to increase the bus users but still no progress. Only during the season, the bus is filled with people. So, it shows that most of the aurovilians are willing to use the individual vehicles to visit Pondicherry, other than using the public transport.



We do not get any financial support from the BCC for our monthly running cost or yearly maintenance. We tried a few times with BCC to support the public transport in Auroville to avoid an increase of individual transports, taxis, etc.. It was never accepted by the BCC since 2016.

Therefore, we invite Aurovilians, New Comers, Volunteers and Unit workers from Pondicherry to use this service to support the public transport in Auroville. While increasing the number of users, the service will sustain itself without any financial crisis. So far, the service could function because the financial gaps were generously covered by advances given by Auroville Vehicle Service, but it cannot continue.

- Let us join together to reduce the carbon footprint and the traffic around us.

By supporting public transport, you could have a safe Journey, reduce the carbon footprint and save money.

Last week, we took an advance of a lakh rupees to cover the annual maintenance of the bus (Repainting the vehicle, renewal of bus insurance, mechanical work, tyres replacement etc.). We need to pay back this amount to Auroville Financial service in a month. Therefore, we kindly request you to contribute small or big to cover the loan amount.

- For donations Avbus A/c No : 251675

Details of works to be done

- Re-Painting of Bus—Rs.15,000
- Tinkering work—Rs. 11,000 (Body + flooring + rear door)
- Tyres Replacement—Rs.21,500 (2 rear Tyres)
- Seat repair + Seat cover replacement: Rs.18,000 (10 seats)
- Renewal of Insurance: Rs.31,000 (2023-2024)
- Mechanical works: Rs.8,150
- Total : Rs.1,04,650

Raju for AAPB Team

YOUTHLINK MATCHING DONATIONS CAMPAIGN



YOUTHLINK
Matching donation
campaign

All donations you make to us from August to December 2023 will be doubled!

1 + 1 = 2
Your dollar Matching Dollar Double the Impact!!

GOAL:
10 LAKH RUPEES

AS OF SEPTEMBER 01: 68,000 RS!

Find out more through our website: Youthlink.org.in/

YouthLink has been provided the amazing opportunity to raise funds through a matching donation campaign. This means that whatever donation you make between now and December gets doubled!

So you may be asking yourself, what is YouthLink?

We are a diverse group of youth from Auroville who work towards creating a positive impact in Auroville. We largely cater to the youth of Auroville (ages 16-30), and work towards providing opportunities and experiences. Our main scopes of work are to empower, integrate, and connect young people through our educational workshops, integration programs, and community gatherings. We create opportunities for links within the community that we believe should go together; such as teachers to students, initiatives with similar scopes, work opportunities with job seekers, and people who can support one another; such as mentors to mentees or newfound friendships.

Our team is ever-growing and evolving. Currently at 10 members, we are a diverse and proactive community with a common mission and intentions which enable us to work efficiently and harmoniously.

We are also actively improving our organizational structure in order to maintain and increase our efficiency and harmony, experimenting with different methods of decision making, non-hierarchical structures, and management of responsibilities. Our current method embraces the values of self motivation and encourages proactive responses, providing our members the opportunity to explore self discipline and growth, while retaining a macro perspective of our society and the world.



So how can you help, and why?

We currently receive a budget from BCC (4 maintenances plus 5,000Rs budget), however it only covers approximately one third of our monthly expenses.

Our hope is that our matching donation campaign can collect enough money for these maintenances, so that YouthLink can continue to offer free programs. We also believe that YouthLink currently serves a secondary purpose of being an informal training center, for the organization produces youth that are well connected within Auroville, have a strong understanding of Auroville's structures (both social as well as organizational), and are pro-

active and vibrant, both as individuals and in teams.

And we believe that we can still do more. Every day there are interesting offers and opportunities of collaboration that find us from inside and outside Auroville, as well as ideas from our team. We currently find ourselves not having the time and space to fully concentrate on all the avenues we could explore, hence we are also looking to expand the team in the near future, moving into avenues such as intensive courses and vocational training.

When you donate to YouthLink, you will be providing a team member the opportunity to develop capacity and grow through work, and in extension be offering invaluable programs to the Auroville community as well, such as safety and boundaries workshops, first aid courses, and Auroville introduction programs; which all work towards creating a safe environment for our youth to grow up and to continue the experiment of human unity and collective living. We are constantly researching and communicating with the community to find which areas to focus our efforts!

Please consider supporting us on our journey to shape the future of Auroville through your financial means!

- You can find more information about us on our website: youthlink.org.in or visit our office at Town Hall, under Le Morgan (open to visitors: Monday to Friday, 10am—12pm).
- Please consider supporting us through Financial Service account: 251048 YouthLink
- Or through unity fund, [link provided on our website](#).

Remember, with each donation, double the impact! :)

Namu For YouthLink Team

MAATRAM NEEDS SUPPORT

Maatram is moving to its new premises in Arka. To make this space conducive, functional and inviting for our work in psychological health and counseling, and to create more therapy rooms, there is a need for some construction/civil work to be done.



As we do not generally receive direct payment/contribution from Aurovilians, Newcomers and volunteers for our services, our available funds are sufficient only for our routine expenses.

For this extra construction work in setting up the space, we are reaching out to the community for support. If you align with the cause and our work, and would like to support us, we would be grateful for any contributions to support this work.

- The amount can be transferred to A/c no. **240001** Unity Fund with, 'For Maatram' in the description.
- If you have any more questions, please email us on maatram@auroville.org.in.

You can also visit our website maatram.org.in for more details about our work.

Warmly, Megha for Maatram

SEEKING FUNDS FOR A NEW SET OF BATTERIES

Dear fellow Aurovilians,

After 9 years of faithful service, the batteries from our solar system are at their end. We consider ourselves lucky that they have lasted this long!



A new battery set has been ordered via Sunlit Future with a price tag of rs 2.12 lakhs. We already have 1.35 lakhs, with donations from the Solar Fund, our own funds and the estimated resale value from the old batteries. We humbly request for your support to cover the remaining amount of rs 77000.

We have opened an account at the Financial Service, **252625** Stefan and Ancolie Solar Batteries for the donations. Thank you all very much in advance for helping us out.

Stefan and Ancolie, Evergreen

ARULVAZHI EDUCATION CENTER SEEKS FUNDS

Request for Contributions

Arulvazhi, an outreach school being a unit under SAIER, is located in Morattandi village. The school was started in the year 1984 by Sri Varadarajan and Syamala, with varied contributions from few other Aurovilians, in the process of integrating villages into Auroville as told by the Mother.

The school offers yoga, learning through computers, dance and music, art and craft, Savitri recitation and other activities for the children, following as far as possible, the five aspects of education, as envisaged by The Mother and Sri Aurobindo.

There are also well-being sessions given to the women of the village.

A year ago, Arulvazhi had taken a loan to pay towards reclaiming a small piece of land, which served as an access to the school. The school is solely dependent on the budget from SAIER and a few donations from the well wishers, which is making the repayment of the loan challenging.

Arulvazhi is requesting contributions so that they can go towards the payment of the loan.

our mail id is arulvazhi@auroville.org.in

For Arulvazhi Education Center,
VelMurugan.

Honorary Voluntary

CALL FOR FARM VOLUNTEERS

At AuroOrchard farm, join us from Monday to Saturday
7am to 9am OR/AND 9:30am to 12pm

- Learn to work with plants and soil
- Observe farming systems in a large and established farm
- Work with a diverse and dynamic group
- Enjoy breakfast with us at 9am with produce sourced from the farm.



AuroOrchard

Volunteer and learn farming hands-on!

AuroOrchard is the oldest and one of the largest farms in Auroville, contributing significantly to the food needs of the community.

Join us to learn to work with the soil, plants and food while sharing with a diverse group of people. We offer breakfast made with farm produce.

JOIN US! PLEASE REACH OUT TO US FOR ANY QUERIES!

MONDAY to SATURDAY **EMAIL:** auroorchard@auroville.org.in
7AM TO 9AM and/or **WHATSAAPP:** 9566631079 (Nidhin)
9:30AM TO 12PM

No former experience or skill required. Minimum physical ability is needed.

Please contact

- email: auroorchard@auroville.org.in
- voice call: 9882685365 (Anshul)
- WA: 9566631079 (Nidhin)

Nidhin, for AuroOrchard team
<https://auroorchard.auroville.org>

GAU SEVA AT SADHANA FOREST!



Your heartfelt service is needed at the Sadhana Forest Gaushala!

You are most welcome to join us on any day **from 7am onwards**, and have a vegan breakfast at **8:45am**.

Breakfast is offered as a gift, and there is no need for prior booking. If you would like to contact us:

sadhanaforest@auroville.org.in,

8525038274WA or call 8122274924

Looking forward to welcoming you!
The Sadhana Forest team,
warmly, Shek

KUILAI CREATIVE CENTER

Dear Friends, we are looking for people and volunteers who could help and guide in various fields, such as helping in Tailoring, Martial Activities, Painting sessions, and teaching English lessons to adults and children, Sports activities, and to teach Music keyboard to the children.



- For contact: 8608473385
or kulaicreativecentre@auroville.org.in Selvaraj.A

Looking For

Seeking House Sitting

I am Bhagyashree Tendle, I am an architect working in the studio unitary at luminosity, auroville. I am looking to house sit for a long/short term.



I enjoy my time taking care of plants and I am friendly with pets too.

8928088401 WA, bhagyashree9621@gmail.com

Thank you, Bhagyashree T.

Looking to Borrow Video8 and Mini DV Camcorder

Hello Everyone! I'm looking for a video 8-camcorder-player to digitize 27 Video8 tapes and also a Mini DV-camcorder-player to digitize 25 hours of Mini DV tapes. I handle the equipment carefully and I can contribute.

Thank you! Sonia 8940288090

Looking For Storage Room

Hello everyone, I'm looking for a small room (6+ sqm) against a monthly contribution that I can use to store furniture which is currently not used as well as some cardboard boxes with household items. Ideally in Auroville, but can be nearby around AV also. Thank you! Sonia 8940288090

Thank you very much!
Sonia

Looking for Office Work

Aravind from Bommapalayam is looking for an office work related job. He is a graduate and he has good experience in Computer applications like Excel, Word, CAD, etc. Please call or email for more details aravindbpm06@gmail.com, 8903925172 WA



Thanks & Regards,
Giri, Fertile east

Auroville Mushroom Research Project

Looking for Dehydrator



Dear community, I am doing a research project on Auroville mushrooms and am looking to borrow an electric food dehydrator/drier for the next six months. Hoping someone in Auroville has one they aren't using and can help me with this exciting research project to learn more about fungi.

Thank you! Milla, milladenhollander@gmail.com
or 0031644668946

Lost and Found

How to Get Smarter—Lost

Somehow I lost a book from our library, titled 'how to get smarter'. I had also written my name 'Sylvia' on the 1st page. If anybody has found it please call me at 2622649 or 9487241170.

Thank you in advance, Sylvia



Purse Found

Vanakam, We found a purse at the Town Hall parking lot. The owner can see Otto or Rathinam at the FS office. See picture.

Rathinam



Taxi Share

To Chennai Airport, 19 September at 7pm



Share a Taxi on 19 September at 7pm I will leave Auroville to Chennai Airport. Anyone wishing to share the taxi with me?

Thank you, Tineke

To Bodhi Zendo, 3 or 4 October, back 10 October



Hello, One person is traveling to Bodhi Zendo on October 3 or 4 and returning 10 Octobr. If you are also traveling there and would like to share transport costs, please contact +91 9442300518.

Thank you, Ing-Marie

Available

Some Household Goods Available

- PC suitable for editing and programming (27 monitor, i3 9th Gen, 16GB Ram, SSD 256GB and computer UPS)
- Ridley Trailfire 2 27.5 T Mountain/Hardtail Cycle (27 Gear, Green)
- Haier Washing Machine and Fridge (5 years Warranty)

Contact Magizh: 9047720320



Submitted by Mathan

Work Opportunities

HOUSING SERVICE RECRUITING

Civil Engineer

We are recruiting for a Civil Engineer for Auroville Housing Service. Those who meet the criteria below are eligible to apply. The deadline to apply is two (2) weeks from the date of publication of this notice. Full maintenance is available.

The Job Overview

We are seeking a dedicated civil engineer to join our team. You will collaborate with other engineers and

contractors to create effective and sustainable infrastructure designs to improve Housing Service, repair and maintenance services.

As a civil engineer, we hope you can put your passion for design and execution to create beautiful, lasting, and sustainable cornerstones for all the assets under Housing Service.

Your duties will include

- Striving to deliver infrastructure facets that will serve for a minimum of 20 years with proper maintenance.
- Reviewing and evaluating all prints and plans for structural, ethical, and sustainability concerns
- Developing and bidding on proposals and maintenance plans for the structure before implementation
- Managing and hiring contractors, subcontractors, and structural engineers as needed to ensure budget and timeline adherence
- Enhancing dialogue between all parties involved
- Filing reports at each project milestone, informing the Housing Service office so that regular evaluations can be conducted
- Monitoring project completion status and presenting progress reports at the end of each quarter
- If any projects fall behind schedule, putting forward plans and methods of shoring up the project timeline

Responsibilities

Below are some of the responsibilities a civil engineer is expected to assume in their position:

- Oversee all designs created for the project
- Create regular project progress reports in the provided template
- Deliver project assets on time and under budget with feasibility
- Create designs in all requested media formats
- Work to ensure that the project progresses at an acceptable rate, barring unavoidable interference (e.g., delays due to unexpected weather)
- Manage budgets and project resources
- Schedule material and equipment purchases and deliveries
- Make sure the project complies with legal requirements, especially health and safety
- Prepare public reports, such as property and right-of-way descriptions, bid proposals, and environmental impact statements.

Job Qualifications and Skill Sets

Below are the qualifications expected of a civil engineer:

- Bachelor's degree or higher in civil engineering; master's degree in civil engineering a plus
- Proficiency in English, Tamil and Hindi
- Minimum two years in a professional engineering firm or one year spent as a freelance engineer
- Having passed the Principles and Practice of Engineering exam

- Strong mathematical and analytical skills
- Project management in accordance with Govt standards
- Strong problem-solving and communication skills
- Soft skills including:
 - Negotiation
 - Supervisory
 - Leadership
 - Verbal and written communication
 - Ability to adhere to budgets, submit necessary budget amendments, and adhere to timelines
- *Ability to create and modify Autocad drawings as and when necessary.*
- *Full maintenance / Salary will be provided.*
- *This is strictly a full time opportunity, part time option not available.*
- *Full confidentiality to be maintained, Non Disclosure Agreement may be needed.*
- *Any conflict of interest to be acknowledged immediately to be submitted to the Housing Service Team preferably in writing.*

Contact or send your CV to the following email

- housing@auroville.org.in
- The office timings:
 - 9:30am—12:30pm
 - 2:30—4:30pm

Piero

**RECEPTIONIST JOB
for the Auroville Housing Service**

We are recruiting for a Receptionist job for the Auroville Housing Service. Those who meet the criteria below are eligible to apply.

- The deadline for submitting applications is two (2) weeks from the date of publication of this notice.
- Full maintenance is available.

Receptionist Job Responsibilities

- Serves visitors by greeting, welcoming, and directing them appropriately.
- Attends phone calls and fixes appointments
- Notifies inter departmental personnel of visitor arrival.
- Informs visitors by answering directly or referring inquiries.
- Maintains security by following the books of procedures, monitoring logbook,
- Keeps a safe and clean reception area by complying with procedures, rules, and regulations.
- Supports continuity among work teams by documenting and communicating actions, irregularities, and continuing needs.
- Contributes to team effort by accomplishing related results as needed.

Receptionist Qualifications / Skills

- Telephone Skills
- Verbal Communication
- Listening
- Professionalism
- Customer Focus
- Organization
- Informing Others
- Handles Pressure
- Supply Management—supports ADMIN— purchase department

Education, Experience, and Licensing Requirements

- University/college degree is an asset
- Familiarity with phone systems
- Previous experience with Microsoft Office software preferred

From HS side

- Full time maintenance.
- Experience in handling multi dimensional requests.
- Collaboration between departments and team members.

Contact or send your CV to the following email:

- housing@auroville.org.in

The office timing: 9:30am—12:30pm & 2:30—4:30pm

Piero

Foods, Goods and Services

AV BAKERY & CAFÉ WILL BE CLOSED
on Monday, 18 September



For Ganesh Pooja!

Please pick up your Monday, 18 September order on Saturday, 16 September

Happy Ganesh Pooja!

Thank you, Elumalai.G

DISCOVER THE MAGIC OF HEMP AT HEMPLANET!

Open Mon - Sat
10:00AM - 4:20PM
Come Now

Reve Compound, Building 1, Auroville
www.hemplanet.in
@hemplanet_auroville

Dive into a world of nourishing hemp delights at our Hemp

Store. From the heartiness of hemp hearts, the richness of hemp seed oil, to the rejuvenating touch of hemp body care, we've got it all. Whether you're a hemp enthusiast or just curious, come chat with us and explore the wonders of hemp!

- Hemp Food Selection:
 - Hemp Hearts
 - Hemp Seed Oil
 - Hemp Protein Powder
 - Hemp Granola Bars
 - Hemp Pasta & more!
 - Hemp Seasonings
 - Hemp Body Care Treasures:
 - Hemp Soaps
 - Hemp Shampoos
 - Hemp Balms
 - Hemp Body Butter
 - Hemp Seed Oil
- Visit Us: Monday—Saturday, 10am—4:20pm
- Location: Reve Area, 1st Floor, Building 1, Auroville



Daive

FIBER OPTIC AND IT TROUBLESHOOTING AVAILABLE



I am Ramakrishnan Aurovil-
lian experienced in the fiber
internet field (Ftth) for 8+
years and gained more knowl-
edge in creating-on new fiber
internet infrastructure and IT
troubleshooting work for our

Auroville community Since 2015

And I am happy to provide the below services to our Auro-
ville community

- **Internet speed;** Boosting up for dual bands 2.4 GHz or 5 GHz
- **Wired/wireless;** Fibre ONT modems, Routers, Switches installation/repairing work
- **Fiber optic cable;** Joining, power loss troubleshooting, laying/pulling work inside and outside your house
- **CCTV;** Configuration/Installation/repairing work inside and outside your house
- **Smart-TV/laptops/printers;** Configuration/Installation/repairing
- **Other network communications devices;** Configura-
tion/Installation/repairing

For any internet-related issues/complaints,

- **Please feel free to contact me:** Ramakrishnan,
9943919899, ramkrishna@auroville.org.in

Ramakrishnan

POTTERY SALE

Pottery clearance sale at Bhu ceramics.

18 to 23 September



At Auomira compound, next to Auroyali,
International zone

Warmly, Nausheen : 9487833736

STYLE STUDIO

Get personalized styling tips
for your body type that can
be implemented in your daily
wardrobe.

One on One session with stylist

- A personalized styling ses-
sion with styling expert
- Know your body type
- Third line—Handpicked
product recommendations
to enhance your body!



Get personalized styling tips for your body type that can be
implemented in your daily wardrobe. A personalized styl-
ing session where the styling expert will understand your
body type likes , comfort and requirements. You can hand-
pick products accordingly that enhance your body.

- Ping +91 94429 82957 to book your Styling Session
- Office@upasana.in
- Clothing Lab @ UPASANA Auroshilpam, Auroville.

Uma

RAPID CARE SERVICE

Rapid Care Services has been serving
the community at its best capacity.

Over the period of 6 months, we have
made a lot of improvements with our
services and technicians in order to cope
with quality, beauty and time, which are
the 3 mandatory factors that we work on.

Rapid Care Service, as an Auroville ac-
tivity, is dependent only on Aurovilians and Auroville, while we
also do not take advantage of our own community in terms
of rate and quality.

We make sure the work is completed on an economical
budget without compromising quality.

Please use Rapid Care Services to keep Auroville's econo-
my healthy, and rotational to benefit Auroville as a whole.



List of services provided by Rapid Care Services

- Aluminum channel work
- Welding, Carpentry
- Masonry—renovations and remodulation
- Plumbing, Painting, Insect Treatment
- Fencing
- Electrical
- Washing machine repair & installation,
- A/c repair and installation,
- Inverter repair and installation,
- Dth repair and installation and
- Furniture purchase assistance

Kindly contact us and hire our services at the below men-
tioned contact details.

- Balaji, 8270071581, Arun, 7639810621
- rcsrapidcareservices@gmail.com
- rapidcare@auroville.org.in

Balaji and Arun for Rapid Care Team

VEGAN LUNCH

in Red Dot Cafe



Low carb—vegan office lunch in Red Dot
Cafe, Upasana Sign-up lunch scheme.

upasanared.cafe@gmail.com

Uma

MARC'S CAFE RECURRING EVENTS And September Closure

Recurring Events

• Every Saturday:

The month of September Fermentation classes are on hold due to WOC in Bangalore.

- 10am—12pm: Coffee Cupping Sessions
- 3—5pm: Kombucha and Fermented Drinks Workshop

• Every Friday:

- 3—5pm: History of Indian Coffee (Tamil or English)



Monthly Classes (check on the dates)

• We offer classes on

- Foundations of Specialty Coffee, coming up in October
- Foundations of Roasting, coming up in October
- Molecular Coffee: A Master Class, online in October

• Location: CLC, on top of Marc's Cafe Store

• For bookings and more info, visit our website:

Marcscoffees.com or
email us at Admin@marcscoffees.com

• Is imperative to book your slot at least a day ahead, by email or phone 0413 2199556, only office hours.

September Closure

Please note that we will be closed for 3 days in September due to our participation in the World of Coffee event in Bangalore, (first time in India). We'll be back on 28 September.

Wish us luck as one of our in house baristas competes in the National Barista Competition!



Bangalore, The 'Silicon Valley of India' gathers to host the World Coffee Conference, fostering an international congregation of aficionados and connoisseurs from afar. As the city embraces the world with warmth, captivating hearts and palates alike, this regal palace beckons coffee producers and enthusiasts from all corners of the globe to savor the aroma of this captivating event.

Matilde

FREE STORE OPENING TIMES

Morning hours:

- Monday to Saturday:
8:30am—1pm

Afternoon hours:

- Tuesday and Thursday:
2:30pm—4:30pm



We kindly request that you bring clean, washed, and usable clothes for exchange at the Freestore. Your cooperation in this regard would be greatly appreciated.

At Her Service, Kamala For the Freestore team

ORGANIC QUALITY MILK AVAILABLE

Organic quality milk available, Morning/ Evening, from Sakthi Natural Garden

- For reservations contact 9585180393

Erumalai (Evergreen)



JOIN DROPZY

Products and services from in and around Auroville.

Dropzy is a mobile app marketplace for Products and Services from in and around Auroville helping to deliver it at your door-step.



Dropzy is a mobile app marketplace for ordering from a wide range of in and around Auroville eateries, grocers, bakers, farms, etc and has partnered with ITS (Integrated Transport Service) whose delivery personnel will pick up the orders from the outlets/stores and deliver them to the customers at their doorsteps.

Dropzy works by providing a complete ordering and delivery solution that connects the existing neighborhood outlets/stores with the comfort and convenience of ordering from home.

Find new customers, build your business and grow your sales. Increase your order volume, drive more revenue and improve profitability with help from Dropzy.

• Register your Unit/Activity

Click on this link: www.dropzy.in/join-dropzy

• Know more about Dropzy on www.dropzy.in

Regards, Sathish Arumugam For Dropzy

NOWANA HOME DELIVERY

NOWANA Delivery

MONSOON

Sep 1 to Nov 30

Stay dry and enjoy your favorite
NOWANA at home

91 73396 43557

0413 296 5490

NOWANA

Gumsoon For Nowana Korean Restaurant

HAIRDRESSER

For your and/ or your child's next haircut: inspired, striving for the perfect, 11yrs young artist Aha-na looks after your and/ or your child's hair and well being.

After everyone who came was happy and content, we are now requesting short and long **Hair Models** to step forward and try something new and beautiful!

- For an appointment kindly contact 9751513906 (all messenger providers, no calls) or essence.touch@yahoo.de



Lovely day, Ulrike Urvasi

ĀDESHA

Ādesha offers its services voluntarily in gratis (Pro Bono) for the below areas only to individuals/ activities who/ which do not have a qualified and experienced in-house resource.



• Focus:

- Startups: Products and Services
- Concept Note Writing, Project Proposal and Pre-defined Application Form Preparation, Financial Projections—Guidance only
- Email, Instagram, WhatsApp and LinkedIn Marketing, Business Communication and Content Writing—Guidance only

• Contact Details:

- Name: Surajkiran
- Mobile: 98842 04918, Voice and WA
- Email: surajkiranv@gmail.com
- Location: Auroville

Regards, Surajkiran

RUPAVATHI JOY ACTIVITIES

Bio-region Temple Tour

- Every Sunday, Tuesday and Saturday, 9am—12noon, starting from Solar Kitchen



If you want to participate, please book it in advance

Indian cooking

- Every Monday to Friday 12 to 2 noon Evening 5 to 6:30 pm at Creativity.
- Every Saturday and Sunday, 10am to 5 pm



If you want to participate, please book it in advance

Thai Massage

- 12—2noon, 5—7pm every day at Creativity

If you want to participate, please book it in advance:

Tailoring

Any kind of Dress, Blouse, Kurtis can be done.

Contacts

- +91 8098845200, Voice and WA
- rupavathijoy@gmail.com

Rupavathi Joy

LATEST NEWS FROM INSIDE INDIA TRAVEL SHOP

One can reach our Office via the Crown Road

- Our E-mail address has changed to travelshop@inside-india.com,
- Landline 2623030

Mr. Ganesh our Travel Consultant will be at our Kalpana office from 10am till 4pm, Monday to Friday. Saturdays only on appointment. He can also be contacted anytime by phone

- or +919894598686WA,
- or by email: travelshop@inside-india.com



- **Ethiopian** airline special offers are available from Chennai to Rome, Paris, Istanbul, Tel Aviv and Zurich.
- **Emirates** offers are available from Chennai to Frankfurt.
- **Oman** airways has special fares from Chennai to Milan, Frankfurt.
- **Air Vistara** has competitive fares from Chennai to Paris.
- **Royal Nepal** airline has direct flights from Bangalore to Kathmandu on Tuesday, Thursday and Saturday. **Joster**

Poetry

WHERE THE MIND IS WITHOUT FEAR

Where the mind is without fear and the head is held high
Where knowledge is free
Where the world has not been broken up into fragments
By narrow domestic walls
Where words come out from the depth of truth
Where tireless striving stretches its arms towards perfection
Where the clear stream of reason has not lost its way
Into the dreary desert sand of dead habit
Where the mind is led forward by thee
Into ever-widening thought and action
Into that heaven of freedom, my Father, let my country awake.

Rabindranath Tagore

OLD CHAIR

Broken sticks with stains
Missing joints and cracks
Mold all over
Sweet memories of you

Ivana

THE CLOUD CRIES

The cloud cries
When it can no longer
Bear the burden
Of over-abundance.

It gives away some, in tears.
Then it resumes its clear poise
And smiles.

With joyful Gratitude, Anandi Z.

ALL THINGS NEW

Golden in the sunlight of Her smile
Aspirants and devotees of light,
Upturned faces opening out the soul
Recipients of bliss in great degrees,
Divine largesse the gift supreme on earth.
Perhaps the legions of the darkness plan
A final thrust before their fated end
Or so appears this sad embattled world
So full of promise despite the wrath of man
Upon his kin, upon his very self,
Denying Grace, abandoning the Dream,
To self-destruct in some predestined hell
Or cling to Truth as sinks the falsehood's night
And the pain and dark necessity of death.
But One has come and shown the sunlit path
And sung of all the glory still to be,
For earth and man shall rise to heaven heights,
His promise to the deep surrendered soul,
And Love shall touch the offered and the blessed.

Narad

Voices and Notes

IN GRATITUDE

Gratitude to News and Notes for this news service that brings the news to our door every Friday. A real need. Thanks

In Gratitude to the Ambulance Service. The other night when I had a problem with my feet and someone, a lady, was so kind and helpful on the phone, telling me in detail what I could do. So much so that the next day I did not need to go to Sante.

In Gratitude to ITS. Much more than an Integral Transport Service. A helping hand is there when needed. For taking one from one place to another when one doesn't have a vehicle. For bringing an electric moped to the rescue when one's moped develops a problem and stops working in the middle of Pondy. For bringing medicine to your home from the Health Center.

In Gratitude, Anandi ayün, Lux.

ON AUROVILLE

When I permanently returned to India, the Ashram and Auroville in 2021 after 20 years of coming each year for six months on a ten year tourist visa and then returning to the U.S. and after previous years of caring for Mary Helen in her long and difficult bout with cancer I applied to become an Aurovilian. Of course, Mother had made me an Aurovilian in 1969 as She had made me an Ashramite in 1961. I applied and was met with the most unpleasant people who accused me of many things. I asked how many had spoken against me and the reply was 'only one'. I knew the person but asked politely who it was and was told 'that information is confidential', so no due process.

Then came a series of questions about what Mother had said to me! and a response from one of the interviewers, 'They all say that' referring to Mother and Her words to disciples. After nearly forty minutes of almost, at times, abusive questions about my sincerity, etc. I was granted the first 'Returning Aurovilian' status.

When I joined the Matrimandir Gardens I was told by one of the executives, 'We don't know where to place you?' And so I began to find sources and collect plants that had been named by Mother, water lilies, many different types of lotus and many new orchids. I shall dwell here a moment on the orchids.

I designed, along with Paneer, one of the most courteous and helpful members of the Matrimandir team, the entry area for those going to the chamber of the Banyan tree. As many of you may know, Mother told us the orchids vibrate with the message, 'Attachment for the Divine' and it is that vibration I hope would touch a few as they entered. These hundreds of varieties no longer flower because they are not fertilized in the proper way. I have studied orchids in Hawaii, Singapore and especially Thailand and was given the techniques to have orchid flowers almost constantly but the executives rejected all that I wished to share and even prohibited the completion of the area without even the courtesy of allowing me to show how the display could be improved.

Now I come to a point on which many in Auroville will disagree as do the executives, and yet these are Mother's words to Shyamsundar for me. I had written a two page, single spaced letter to Mother on the importance of Organic gardening and immediately after he read the first sentence Mother said 'Stop, I know everything he says. Tell him he may use chemicals for the flowers'. Note that Mother has always been totally against using any chemicals for the edible fruits and vegetables and She wrote to



Mercier, and this is available in many journals, so I am simply paraphrasing. No. No, we must not repeat the mistakes of the past. regarding chemical sprays, fertilizers, etc., for edible foods. Yet, with minute amounts given to orchids they would also bloom almost continuously and Mother conveyed this to me and I am well aware of the untold damage done to this earth by weed killers and powerful chemical sprays so would use chemicals only when absolutely needed as one would do with a loved one who required chemicals to save their life.



My aspiration was to arrange plants by their significance so that people might catch their vibrations. Once they had crossed over the bridge, they could concentrate on the Matrimandir and Chamber. I planted 'Courage, Integral Courage, Tapasya, Vital Tapasya, Emotional Beauty in the Cells, Peace in the Cells and Light in the Cells. One executive made my excellent coworker, Shankar, remove Courage, Integral Courage and Tapasya. I was asked to build two gardens that would need almost no water, known as Xeriscape gardens, none of these plants required any water and were perfectly happy with the normal rains.

This has been a long message so I will continue in the coming weeks.

At the Service of Truth, Narad

SNAKES IN THE GARDEN

Today, for about one hour, we've learned that we don't instantly die from a snake bite and that we must preserve these precious animals. The reason for this teaching by Rajeev was a snakebite. Happened to Tosha from Mandala Pottery, just about a week after her honeymoon. I did not attend all the commotion after the bite, but attended the presentation at Mandala. Tosha was brought to Jipmer hospital, had no major symptoms and is recovering fast. The culprit is dead, though.



The complete staff from all Dana potteries were present, when Rajeev, an expert in snake matters, explained that there are only 4 venomous snakes here in Tamil Nadu, if not even in India. 2 different Vipers, 1 Krait and of course our all-time favorite Cobra. Who doesn't live in a basket and dances to the melodies of her master. All the rest are more afraid of humans and try to avoid us as much as possible. When we look at statistics, though, there are hundreds of thousands of deaths by snake bites, in comparison 1 out of 250 in India. 1 out of 50 in the bio region. And not even this is certain, as families are reluctant to autopsies and it can't be proven, if the death might have different reasons. Rajeev told us, the first thing one has to do is: don't panic! No screaming and shouting and wailing. Keep calm, the more you are afraid, the more the fear will attack yourself, not the poison itself. Because that is very little, as the snake knows you are not food, the amount injected is less, so most likely not deadly. And there is no need to rush to hospital in minutes, symptoms, if they occur, can take hours to materialize. So, calmly let somebody accompany you to the hospital where there is anti-venom, in Pondicherry this is Jipmer. Private hospitals don't stock anti-venom. There you will be monitored and if necessary, anti-venom will be given. Because even this has certain risks.

Ok, I won't go into the whole presentation and the Q&As, ask Dr. Google if you are interested. There are different opinions about how to initially attend to a snake bite. Rajeev said, don't slit, suck nor bandage the area, some internet sites suggest otherwise. I rather believe the experienced expert than the quack.

I can only say thanks to Adil Writer for organizing this event, Rajeev for the insights and speedy recovery to Tosha and good luck to all the snakes that hopefully won't be killed in the future. At least not by the people who were present today.

- [https://en.wikipedia.org/wiki/Big_Four_\(Indian_snakes\)](https://en.wikipedia.org/wiki/Big_Four_(Indian_snakes))
- <https://www.deccanherald.com/science/snakebite-in-dia-s-silent-killer-1232830.html>
- <https://indianexpress.com/article/lifestyle/health/snake-bite-treatment-what-should-be-done-6012622/>
<https://auroville.org/page/emergency--snake-bite-what-to-do-and-what-not-to-do>

Submitted by Julietta

THE RENAISSANCE IN INDIA

As we have been invited, permitted and consentingly chose to be part of a collective future-oriented socio-spiritual experiment that is Auroville, this progressive City of Dawn under the Ministry of Education of Mother India, it is most important to integrally understand who Bharat Mata truly is and consciously participate in Her ongoing renaissance. Here is just a small excerpt of as bright an elucidation as necessary for that conscious and proactive participation from none other than one of our Avatar founders Sri Aurobindo himself:

- <https://incarnateword.in/cwsa/20/the-renaissance-in-india-iv>

The Solution

What is the solution to the infinite mental contradictions?

'The solution is, of course, the change of consciousness.'

- <https://incarnateword.in/agenda/05/january-28-1964>

Here also understand very carefully the very powerful cosmic forces at play:

- <https://incarnateword.in/agenda/08/march-15-1967>

'You must rise high enough in your consciousness so as to be above contradictions. That is the solution.'

- <https://incarnateword.in/agenda/12/march-4-1971>
(something also here on Auroville that still persists)

'I came to the conclusion that from a practical standpoint, the solution is that the part of humanity expressing this Error in its life and its consciousness should ... or to put it another way, that part of humanity, of the human consciousness, capable of uniting with the Supermind and of liberating itself, will be completely transformed. This humanity is moving towards a future reality not yet expressed in its outer form. Whereas the part of humanity nearer to the simplicity of the animal or of Nature will be reabsorbed by Nature and entirely reassimilated. The possibility of a mental consciousness that allows for perversion—that makes mental perversion such an excruciating thing—will be abolished. It will disappear. These things will no longer be.'

- <https://incarnateword.in/agenda/01/february-1958-1>

*That is why in the end
Words will not mend
The infinite divide of mind.*

*Only in inner silence
One totally identifies
With the Eternal Source.*

*And as usual the exceptions:
Messengers of the Incommunicable,
Poets of the Inexpressible,*

*Blissfully proclaiming
The inevitable emerging
Of the Supramental being.*

Zech, 2023.09.10

Languages

CLASSES AND COACHING: SPOKEN ENGLISH

Materials, classes and coaching for spoken English offered freely. I have a collection of diverse interesting materials (in English) for 'classes'. The topics include Auroville, science, spirit, human nature, enlightened management, inspiring humor, Savitri. Contact me soon if you would like to pick up these materials or if you have a small group who would like to explore the topics with a native English speaker.

Or, I can participate in an occasional interactive 'class' in simple or advanced English about the purpose, principles and founders of Auroville, or give gentle coaching for actors and presenters.

Patricia at Creativity,
pat@auroville.org.in, 0413 2623750

LEARN FRENCH BY 'THE SOUNDS OF ITS MUSIC

Learn French by 'the Sounds

of its Music' With the Auro-

lang 2 method in 50 lessons

on book + CD-Rom With Eng-

lish, Tamil and Hindi transla-

tions. Just click on it to hear

and pronounce correctly from the start. Or train and drill

with a native speaker in French Pavilion (International zone

Auroville)

- Every Tuesday & Thursday 5 to 7pm

by Jean-Marie Master in Applied linguistics Brussels State University

- Book + CD: 500 INR. First batch 30 hours class drill: free contribution

- Mail: ecohome2@skynet.be or jeanmarieDemulier@gmail.com

- Call: 918148401950 WA

Thanking you, Jean-Marie Aspiration

Classes, Workshops & Healing Arts

NONVIOLENT COMMUNICATION WORKSHOP

Saturday, 30 September and Sunday, 1 October

9am—12pm & 2—4:30pm at Tibetan Pavilion

We are happy to inform you that Youth-Link is offering you a 2 days Nonviolent Communication workshop happening at Tibetan Pavilion!

- Taking place on Saturday, 30 September and Sunday, 1 October 2023

- Facilitated by Stefan (CNVC-certified trainer) and Team.

The basics of Nonviolent Communication involve expressing ourselves with clarity, compassion, self-responsibility, empathy and the common good in mind, which is the exact opposite of what violent communication is.

Join the workshop to discover the tool to enable you to express your needs and feelings in a conscious way, for the person in front and for yourself!

- This workshop starts from 9am to 12pm, Lunch Break (12pm to 2pm) and afternoon session from 2pm to 4:30pm.

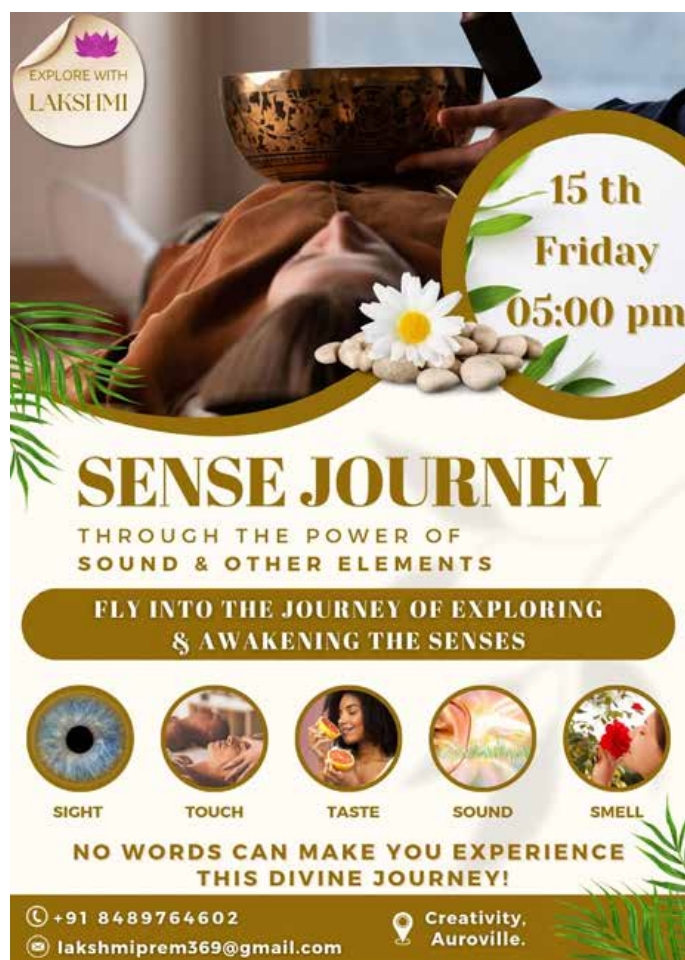
- To register email us at youthlink@auroville.org.in or come to our office in Town hall between 9.30am to 12pm and 2pm to 4pm to sign up.

Warmly, Nivetha from Youthlink team



SENSE JOURNEY

Friday, 15 September, 5pm @ Creativity



EXPLORE WITH LAKSHMI

15th Friday 05:00 pm

SENSE JOURNEY

THROUGH THE POWER OF SOUND & OTHER ELEMENTS

FLY INTO THE JOURNEY OF EXPLORING & AWAKENING THE SENSES

SIGHT TOUCH TASTE SOUND SMELL

NO WORDS CAN MAKE YOU EXPERIENCE THIS DIVINE JOURNEY!

+91 8489764602
lakshmiprem369@gmail.com

Creativity, Auroville.

Come to explore & experience this Sound journey flying into the awakening of the senses with Lakshmi. Limited space. For booking contact me at: +91 8489764602 or at lakshmiprem369@gmail.com Lakshmiprem

ANGAM TREE



Workshop: LA Style Salsa Dance

Salsa is dance from Los Angeles, It's all with Music & Dance with Presence of mind. It is a Fun, Great skill to have in life, a way to make new friends, relieves stress, builds confidence, exercise and universal dance. SALSA dancing not only feels good, but it also improves your physical strength, endurance, flexibility and coordination. You can get a real high in energy from dancing and in the stressful world we live in this natural high is a Good Thing. Most averagely fit people achieve this when dancing Salsa.



- Beginner, Basic steps (40 minutes): Front and back, Side to side, Cross legs, Front turning, Back turning
- Practice with Partners with all basic steps (20 minutes)
- Break (10 minutes)
- Partner sequences. Turning and leading. How to get the beats or rhythms. Dance with Partners
- Feedback sessions
 - Contribution based. You can learn more about us and register on www.angamtree.com/workshops

+91 9751395939, www.angamtree.com

Therapies

Our work in therapy and healing is focused on educating people to the importance of healthy living and conscious lifestyle. To together achieve a better and sustainable future in wellness for each individual and their communities.

Sound Healing Therapy

Using various musical instruments, Sound healing, Bodywork, Meditation, Visualization and Breathing one will become aware of their complete sensory perception. When we hear the subtle cautions our life and where the body is a pathway of that inner voice, we all have the potential to heal ourselves.



- Contribution based

Massage Therapy

Traditional body work using acupressure and deep tissue varma points healing methodologies. Naturally prepared herbal and coconut oil along with natural essential oil aroma for meditative breathing wellness. Use of sound to awaken and create a sense of peace and calm to bring about a holistic healthiness and oneness with self.



- Contribution based

Dance Movement Therapy

Uses movement to help individuals achieve emotional, cognitive, physical, and social integration. Beneficial for both physical and mental health, dance therapy can be used for stress reduction, symptoms prevention, and mood management. In general, dance therapy promotes self-awareness, self-esteem, and a safe space for the expression of feelings.



- Contribution based
- You can learn more about us and register at www.angamtree.com/therapies
- +91 9751395939, www.angamtree.com

Traditional Massage Therapy Classes

Our 30 hours course covers Traditional Bodywork based on principles of ancient Indian medicine science of Siddha Varma Kalai originating in Tamilnadu, Southern India. It is one of the oldest systems of medicine in India.

- The certificate course has three levels:
 - Basic: 10 Hours
 - Intermediate: 20 Hours
 - Advanced: 30 Hours
- Course modules:
 - Varma Massage Therapy
 - Varma Touch Therapy
 - Varma Myology (Muscles)
 - Varma Defense Methods

Angam Tree Wellness Hut is reaching out to people interested in learning massage therapy techniques. You can learn more about us at www.angamtree.com

Kindly share your profile with us at the below mentioned email address. We will call you for an interview to assess the correct fit between you and the positive intention towards the energy of therapy.

- Contribution based
- angamtree@auroville.org.in, +91 97513 95939 Raja

SHIATSU—AN ART OF TOUCH

Seminars to begin or deepen Your Journey

- *Shi-atsu—thumb-pressure*

Shiatsu brings with its practice stress reduction and peace, vitalisation of life force or Ki as well as a potent chance to grow strong for and with challenges on all levels of our being through touch.

Come, experience and explore conscious and calm Perception, inner Sensing and Awareness of Touch in connection with the study of 12 Classical Meridians and 5 Elements, Health Wisdom, strengthening and harmonizing exercises and ways to move for your daily practice.

Courses are part of a Seminar-Series spanning over the next 2—3 years for a complete 500 hours Shiatsu Practitioner Training to be established.

September

- 16, 17 September, 23, 24 September, 30 September, 1 October. Saturday, 8am—3:30pm, Sunday, 11am—6:30pm. 3 weekends/ 6 days course. Mu Points. Points of diagnostic findings and for improvement of acute imbalances.

More courses coming up in October

- 6, 7 October, Friday, Saturday 8:30am—3:30pm, 2 days, Introduction to Shiatsu and Meridians. Preparation for the 6 days courses. Open for All Interested.
- Shen (Spiritual) Aspects of Elements. Probable dates: Monday, Tuesday, Wednesday 9, 10, 11 September, afternoon and Friday, Saturday, Sunday, 13, 14, 15 September full day.

Location

- Budokan Auroville on Dehashakti Sports Ground

Shiatsu Training Hours

- **Wednesdays, 7—9 am during the months of September and October at Budokan, Aikido Hall, Dehashakti**

Time to deepen your learning (of meridians and more), to give and receive SHIATSU. An Art of Touch for Health and Happiness! During these regular Shiatsu training hours in the months of September, October and possibly beyond, we will mainly focus on the practical refinement of the Shiatsu Art of Touch. According to the needs of the participants, we will include a brief look into the extensive theory of Shiatsu as well. This is a good time for those who ever in their life enjoyed the Study of Shiatsu and wish to practice and deepen with additional inspirations in a supportive environment as well as for those without prior experience who would like to simply get a free feel of this specific Shiatsu-Touch, characterized by 'intentionless intention'.

These hours are also a good way of tuning in and preparing for the soon up-coming Shiatsu Seminars for anyone with (active participant) or without (models) prior experience.

We are looking forward to hearing about your coming as well as hearing your questions, wishes, aspirations.

Contributions required for ensuring future seminars. Kindly give according to your resources.

- Do contact Ulrike Urvasi at mothersworkforthemotherwork@gmail.com or 9751513906 (WA, Signal, Telegram) for necessary registration or questions.

Shiatsu—because Health matters!

Contribution required for ensuring future seminars.

Kindly give from your heart.

Do contact Ulrike Urvasi for more info and registration at mothersworkforthemotherwork@gmail.com, 9751513906 (WA, Signal, Telegram)! Ulrike



ATB WORKSHOP—INTENSIVE ADVANCED

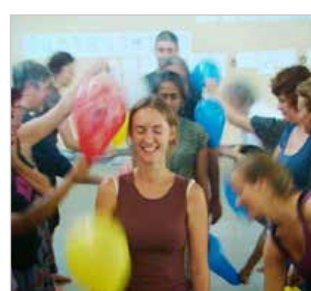
24 September to 2 October

Last free place for ATB workshop—Intensive Advanced

There's still one last free available place for the 9 Days ATB intensive workshop—24 September to 2 October.

- Being the Advanced modules, to participate is **necessary to have previously done ATB1,2,3.**

This slot will be given on a 'first arrived, first served' basis. If it's something you'd be interested in contact us soon by mail at: atbconrosa@gmail.com

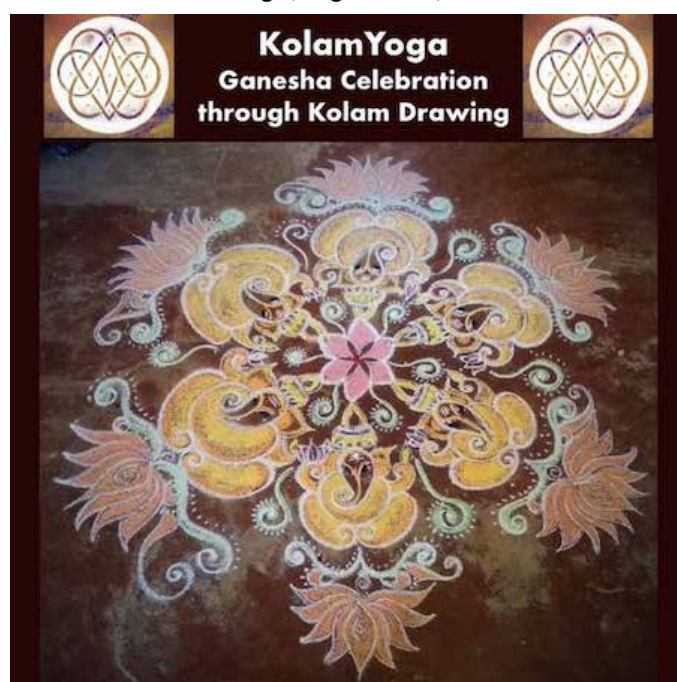


Thank you, Francesco

KOLAMYOGA

Tuesday, 19 September, 2:30—6pm

Location: Sharanga, Right Gate, House of Grace



KolamYoga is celebrating Ganesha with the making of a specific dedicated YantraKolam.

Guidance on how to draw the Ganesha Yantra. With making of a sacred space, construction, mantra, color in all natural pigments and more.

- **Story:** Remover of Obstacle and how this relates to us personally. A moment of focus through drawing sacred symbols of a Universal Language! Adults welcome! No prior experience needed.
- Contribution includes all materials provided, snacks, GST AV City contribution...
- Registration required
 - through email info@kolamyoga.com
 - or 8072449091 WA message. Leave name and interest. Kindly don't just say Hola or Hi and leave it at that. I will not answer!

- Towards contribution
- Registered with LEAD, Hospitality Trust

Grace

QUIET HEALING CENTER



WOGA® (Yoga in Water) Classes with Friederike & Tamara

- Saturday 16 September, 4:30—6pm

Yoga in water is based on classic yoga poses and stretches, modified for standing in pool water, which is waist-to-chest high. Classes are structured like their yoga equivalents on land: breathing, warm-up exercises, a series of poses, and a relaxation period. The difference is that you are in a warm water pool (35°C). The substantial decrease of gravity in warm water allows greater ease of movement, unblocks articulations, lengthens & melts muscles, and removes negative tensions, thereby preventing stress, insomnia and anxiety.

- No previous experience required (also no need to be able to swim)!

Watsu® & OBA® Basic with Dariya & Daniel

- 19—24 September, 1—6pm, 31 hours

Watsu & OBA are aquatic bodywork modalities given in a warm water pool (ideally 35°C). Watsu, the part where the client's face stays always on the surface, introduces the qualities and body mechanics required to work with someone in water in order to create a profound state of both physical and mental relaxation. During the OBA part the receiver is also brought under water (with nose clip), which offers a unique experience.

In this course, you will practice basic techniques and qualities (grounding, presence, stillness, movement, attention) of being and moving another body in water. You will experience floating other people and being floated, on the surface and underwater, thereby creating space for deep relaxation and nurturing body, mind and spirit. Participants in this course often appreciate the group space, which fosters deep, meaningful and nurturing connections.

- No previous experience required!

Watsu® Basic with Petra

- 26—27 September, 8:45am—6:30pm, 16 hours

A 2-day course on the surface only. Watsu Basic introduces the qualities and body mechanics required to work with someone in water in order to create a profound state of both physical and mental relaxation.

In this course, you will practice basic techniques and qualities (grounding, presence, stillness, movement, attention) of being and moving another body in water. You will experience floating other people and being floated on the surface, thereby creating space for deep relaxation and nurturing body, mind and spirit.

- Prerequisites: no previous experience required.

Watsu® 1 (Transition Flow) with Petra

- 29 September—3 October, 8:45am—6:30pm, 34 hours

A 5-day course on the surface only. Watsu 1 (Transition Flow) teaches to connect the basic movements and positions you have learned in Watsu Basic with long, gracefully flowing transitions and to adapt this work to people of different sizes, shapes, and dispositions. You will also learn about your own body mechanics and how to support and move each person as effortlessly as possible.

On land, you will be introduced to both Co-Centering and Tantsu, and explore what being held means to you and others.

- Prerequisites: Watsu Basic

Guido for Quiet Healing Center Team,
www.quiethealingcenter.info, quiet@auroville.org.in,
 Mobile & WA: +91 9488084966

A SUNLIT PATH EVENTS



Kirtan Gathering

- Saturday, 23 September, 5—6pm
 with Lakshmi Santra at A Sunlit Path

Join us for an evening of Kirtan with Hindustani vocalist Lakshmi Santra. Experience the power of music to open our hearts as Lakshmi leads us on a journey through devotional chanting and traditional melodies..

Born in the heart of Calcutta in November 1969, Lakshmi's journey into the world of music was destined. Her father, a gifted tabla player, cultivated a musical atmosphere in her early years. Guided by the wisdom of her father and the tutelage of renowned vocalists, Lakshmi has honed her voice into a vessel of divine expression.

- Open to all. Space is limited, please RSVP to 8870988843.

See you soon!



Mandalas with Intention with Vivechana

- 27 September, 4—6:30pm
 Session Intention: Planting Seeds of Light
 at A Sunlit Path

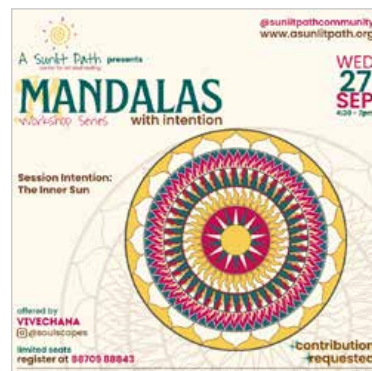
Join us for a journey of self-exploration through the world of mandalas. In our Mandala Workshop series, the ancient art of sacred geometry meets the power of visualization, journaling, and color resonance. We invite you to unlock the hidden depths of your being, tap into your creativity, and connect with your inner wisdom through the sacred art of mandalas.

Whether you're new to mandalas or a seasoned explorer, this series offers a flexible path to self-discovery. You can choose to attend individual workshops that resonate with you, or immerse yourself in the full series to experience the complete journey into the world of mandalas.

Vivechana is a seasoned artist, designer, and symbol enthusiast with over 15 years of exploration in the world of mandalas and sacred geometry. Through her company, Soulscapes, she intertwines art and spirituality to create transformative experiences.

- Space is limited. Register by 8870988843 WA.

Warmly, Sudha,
 A Sunlit Path Family & Abhaya Team
www.asunlitpath.org





VÉRITÉ PROGRAMS

September 2023

+91 0413 2622045, 2622606,

+91 9363624083, 8489391876

programming@verite.in

www.verite.in

Yoga & Re-creation Programs

Days	Drop-in Classes	Timings	Presenters
Mondays	Sivananda Yoga	9:30—10:30am	Mani
	Pranayama & Meditation	11am—12pm	Radhika
	Yin Yoga—Healthy Hips	3:30—4:30pm	Emma
	Deep Sound Bath	5—6pm	Satyayuga
	Hatha Vinyasa Yoga	5—6pm	Andres
Tuesdays	Gentle Vinyasa Flow	11am—12pm	Emma
	Face & Eye Yoga	2:30—3:30pm	Mamta
	Vinyasa Flow	5—6pm	Rebeca
	Holistic Hatha Yoga	5—6pm	Sabrina
Wednesdays	Sivananda Yoga	9:30—10:30am	Mani
	Yoga for Inner Alignment—Pranayama & Asanas	11am—12pm	Radhika
	Yin Yoga—Healthy Spine	3:30—4:30pm	Emma
	Kirtan Songs for your Soul	5—6pm	Mamta & Savitri
	Hatha Vinyasa Yoga	5—6pm	Andres
Thursdays	Peace with Pranayama	3:30—4:30pm	Mamta
	Holistic Hatha Yoga	5—6pm	Sabrina
	Vinyasa Flow	5—6pm	Rebeca
Fridays	Hatha Vinyasa Yoga	5—6pm	Andres
	Free Flow Dance & Movement (No Class 29 September)	5—6:30pm	Vega
Saturdays	Sivananda Yoga	5—6pm	Mani
	Mindful Flow—Awaken in Movement & Stillness (No Class 2 September)	5—6pm	Savitri

Therapies (by appointment only)

Therapies (by appointment only)	Therapist
Thai yoga Massage	Andres
Private Yoga Session / Yoga Therapy	Andres
Individual Self-Work with Clay	Megha
Biodynamic Cranio-sacral Therapy	Mila
Private Yoga Session / Yoga Therapy	Nadia
Integrated Craniosacral & Foot Reflexology	Radhika
Craniosacral Therapy	Radhika
Foot Reflexology	Radhika
Integrated Ayurvedic Acupressure, Deep Tissue & Heart Healing Massage	Raja
Private Yoga Session / Yoga Therapy	Sabrina

Workshops (pre-registration required)

Day & Date	Workshops (pre-registration required)	Timings	Presenters
Friday to Sunday, 15—17, September	Prana Yoga—Tuning Life Energy	9am—4:30pm	Ananda
Friday, 15 September	Master Class—Mantra, Breathing & Asanas for Internal Organs	9:30am—12pm	Andres
Friday & Saturday, September 15 & 16	Re-connect: An Expressive Arts Exploration	1:30—4:30pm	Anjali
Saturday, 16 September	Anatomy for Yoga Practitioners: The Knee	9:30am—12pm	Rebeca
Friday, 22 September	Sivananda Yoga—Masterclass	9:30am—12pm	Mani
Saturday, 23 September	Introduction to Traditional Thai Yoga Massage (Nuad Boran)	9:30am—12pm	Andres
Friday, 29 September	Understanding Pranayama and its Practice in Asanas and Meditation	9:30am—12pm	Radhika
Saturday, 30 September	Energy Cleanse through Yoga Kriyas	9:30am—12pm	Mamta
Saturday, 30 September	Balance your Koshas (Bodies) through the Practice of Yoga	9:30am—12pm	Sabrina

Savitri,

Programs Coordinator, Vérité Programming



VÉRITÉ WORKSHOPS

Pre-registration required.

Please contact Verite @ 0413 2622045, 2622606, 9363624083

or programming@verite.in, www.verite.in

Prana Yoga: Tuning Life Energy with Ananda

- Friday to Sunday, 15—17 September, 9am—4:30pm

Prana is the universal life energy. Yoga is tuning body-mind-spirit to wholeness. Prana Yoga is based on Hatha yoga, Pranayama, Meditations & Siddha. Through conscious postures, breathing, movement & stillness open the self-enhancing, transforming, healing, grounding & tuning the energy flow to detox, rejuvenate the body-mind-energy, build immunity, enhance sensitivity, perception, expand awareness, enrich self-healing, and open to higher states of consciousness.

Master Class: Mantra, breathing & Asanas for internal Organs with Andres

- Friday, 15 September, 9:30am—12pm, theory booklet included

A workshop to help you understand the relationship between emotions and organs, and the effect of asanas on our internal organs through specific breathing techniques, asanas and mantras that bring equanimity to your emotions and well-being to your internal organs.

Re-Connect: An Expressive Arts Exploration with Anjali

- Friday & Saturday, 15 & 16 September, 1:30—4:30pm

Day 1: Re-Connect with Breath—Our breath is our constant companion, yet we forget to listen to the wisdom it has to offer. Regain a conscious connection with the breath and shape it through the arts.

Day 2: Re-Connect with Earth—“The landscapes we inhabit also inhabit us.” Re-Connect with the Earth in an arts-based way to tune in to nature and receive its messages. Open to all who wish to explore through the arts. No prior art experience required. All materials will be provided. Join in to explore what needs Re-Connection within you.

Anatomy for Yoga Practitioners: The Knee with Rebeca

- Saturday, 16 September, 9:30am—12pm

The knee is one of the largest and most complex joints in the body that is responsible for weight-bearing and movement. We will explore through practice and an anatomical focus how to keep the knees healthy in yoga poses, how to align, strengthen and stabilize them to prevent injuries or even recover from them. Session open to all, specially designed for yoga teachers or yoga practitioners.

Sivananda Yoga Workshop with Mani

- Friday, 22 September, 9:30am—12pm

A classic Sivananda session, including basic pranayama (breathing) and Surya namaskar (sun salutation), designed to massage and rejuvenate the entire spine, with rhythmic alternation between effort and relaxation to balance the nervous system and prepare it for the final guided relaxation.

Introduction to Traditional Thai Yoga Massage (Nuad Boran) with Andres

- Saturday, 23 September, 9:30am—4:30pm

Introductory workshop to Thai Yoga Massage (Nuad Boran or Traditional Thai Yoga Massage Therapy). This is an ancient technique used to unblock energy stagnation and awaken our inner healer. This is achieved through both acupressure on the energy meridians (Nadis /Send Lines) and movements of the body and joints based in Yoga Asanas. The facilitator is a YACEP® (Registered continuing education provider), YACEP® is a designation for yoga teachers in the yoga community who are authorized to teach courses that qualify as Continuing Education hours for other Registered yoga teachers (who must complete a minimum of continuing education every 3 years).

*Love and light, Savitri,
Programs Coordinator, Vérité Programming*

PITANGA: PROGRAM FOR SEPTEMBER 2023



Classes—Registration required

- Iyengar Yoga with Tatiana and Chloé.

All Iyengar Yoga classes are designed for healthy adults. If you have any physical problem, please talk to the teacher before the class to find out if this class is for you. We do not offer any medical yoga classes and our classes are not for people who need a therapeutic approach.

- Mondays, 5pm—6:30pm, Level 1, Tatiana

A general asana practice class. Each session includes the practice of Salamba Sarvangasana (shoulderstand) or preparatory stages. Regular attendance is expected.

- Tuesdays, 7:30am—9am, Spine class, All levels, Chloé
- Suitable for all levels of practitioners. Special attention is paid to relaxing the back and the correct position of the spine in various types of asanas. Each practitioner should be prepared to independently use props such as chairs, rollers, bricks.

- Wednesdays, 5pm—6:30pm, Level 2—3, Tatiana

For seasoned practitioners. Classes include both asanas and pranayama. Inverted poses like Salamba Sarvangasana, Salamba Sirshasana are practiced regularly.

- Saturdays, 9am—10:30am, Restorative Yoga, Level 2—3, Tatiana

Each session includes time for deep work in inversions, backbends and forward bends with support and deep relaxation on a physical and mental level. Practitioners are expected to independently choose alternative postures according to their ability and are prepared for prolonged use of inverted postures.

- Saturdays, 11am—12:30pm, Mixed Level, Tatiana

An active practice class for Iyengar Yoga practitioners of all levels. Suitable for beginners. Exceptionally, this class can be attended without registration as well.

• Art Therapy class with Gala

- Thursdays, 3—5pm, for adults
- Fridays, 3—5pm, for families

Drop-In Classes

	Class & teacher	Class level
Mondays, (Closed on 18 September, holiday)		
7:30—9am	Asanas with Rachel	All levels
8:30—10am	Yoga Therapy with Gala	All levels
Tuesdays		
4:45—5:30pm (Not on 26/09)	Odissi Dance with Rekha	Beginners
Wednesdays		
7:30—9am	Asanas with Rachel	All levels
8:30—10am (Not on 27/09)	Yoga Therapy with Gala	All levels
Thursdays		
4:30—5:30pm	Aviva Exercise with Suriyagandhi	For women only
Fridays		
6:45—8am	Pranayama with François & Namrita	For former <i>The Art of Living</i> course participants
7:30—9am	Asanas with Rachel	All levels
8:30—10am (Not on 29/09)	Yoga Therapy with Gala	All levels
9—10am (Not on 29/09)	Rosa's ATB special for seniors with Rosa	Seniors
3:45—4:30pm (Not on 29/09)	Odissi Dance with Rekha	Beginners
5:15—6:15pm	Feldenkrais class with Shari	All levels
Saturdays		
11am—12:30pm	Iyengar Yoga with Tatiana	Mixed levels

Healing Space

- By appointment, 262403, 9443902403
 - Acupuncture by Heidi
 - Cranio Sacral Therapy by Anne H.
 - Shiatsu by Ulrike
 - Thai Yoga Massage by Juan

Youth activities

These are ongoing educational programs. If a child is interested, parents need to talk to the teacher before. Please see with the teacher if the class happens during school term break 22 September—07 October.

Date	Activity
Mondays, Wednesdays, 4—5pm	Asanas for teenagers, with Lisbeth
Saturdays, 9—10am	Yoga for children, 5—8 yrs., with Gala
Saturdays, 10—11am	Yoga for children, 7—9 yrs., with Gala
Saturdays, 11am—12pm	Energy games for children, 9 yrs+, with Gala

4 talks on Health



- **22 September:** Reversing pre-diabetes, insulin resistance and diabetes. Strategies to use diet, lifestyle changes and supplements to turn diabetes around and regain your health.
- **6 October:** Prevention and reversal of cognitive decline. Learn how to protect your brain from declining function and cognitive impairment.
- **20 October:** Healthy to 100. Stay mentally and physically healthy and vibrant as you age.
- **3 November:** Resilience. Tools to stay mentally, emotionally, and physically resilient through difficult times.

All are welcome. No registration is necessary.

Lize is a Functional Medicine Practitioner and volunteers at Santé Clinic and Pitanga.

The talks are organised in collaboration with Santé Clinic.

If you wish to receive our program of activities by email, please write to us: info@pitanga.in

See you at Pitanga, with a smile !

Love, Andrea



ARKA WELLNESS CENTER & MULTIPURPOSE HALL Regular activities September 2023

Classes

Classes	Teacher	when
Acro Yoga	Damien	Regular classes: Monday, 3 to 4:30pm, Tuesday, 5 to 6:30pm. Or by Appointment, 9047722740
Pilates	Teresa	Tuesday & Thursday, 7:30—8:30am, Friday, 5:30—6:30pm, or by Appointment, 7867998952
Iyengar yoga (TOS)	Olesya	Monday, Wednesday, Saturday, 6:30—8am. Monday, Thursday, Saturday, 5—6:30pm. Or by Appointment, 9159052743
Sound Chakras healing	Lakshmi	by Appointment, 8489764602
Heartful Meditation	Avanthika	Thursday, 9 to 10am, 6380238326

Treatments

Treatment	Therapist	when
Body Logic, Soft Massage and Deep Tissue Massage.	Pepe	Monday to Saturday, by Appointment, 9943410987
Cranio sacral, Lomi Lomi Kahuna massage, Barefoot body massage	Silvana	Monday to Saturday, by Appointment, 9047654157
Facial, Manicure, pedicure, Threading, Waxing, Haircuts, Hair colouring, Henna colouring	Meha	Monday to Saturday, by Appointment, 9443635114
In Nutrition, Diet, Weight Loss and Weight Management, Psychosomatic.	Nadia (English & French)	Monday and Wednesday afternoon, by Appointment, 9489035457
Tarot, Oracles and Akashic Records Reading (TOS)	Valentina	Monday to Friday Morning, 9791719387 +393462258049
Psychospiritual Introspective Tarot Reading, Deconditioning Self Inquiry	Antarjyoti (English & French)	Monday to Sunday, By Appointment, 0413 2623767, antarcalli@yahoo.fr

Thanks & Regards,
Ramana,
Arka, 0413 2623799



CINEMA PARADISO
Multimedia Center (MMC) Auditorium
Film Program
18 September to 24 September 2023

Cinema Paradiso-Multimedia Center is now in operation at 100% seating capacity. However, if you want to wear a mask it is your choice. To organize the seminar/program please email us. Our projector is crawling towards the end of its life. It has served well, but it is time for us to look for a new one. For this or to support our work you could financially support us. Please find necessary details at the end of this note.

Indian and diaspora—Monday 18 September, 8pm
PONNIYIN SELVAN: PART TWO (PS2)

India, 2023, Dir. Mani Ratnam w/Vikram, Aishwarya Rai Bachchan, Jayam Ravi, and others, Action-Drama, 164 mins, Tamil w/ English subtitles, Rated: NR (PG)

This is the second part of the film based on Kalki Krishnamurthy's epic novel written in 1955 by the same name. At its center is the doomed love story of prince Aditya Karikalan and Nandini. This film recaps glimpses of PS1 and starts with the teenage love story between Aditya Karikalan and Nandini. It later focuses on how Nandini is driven away from the Chola kingdom

Potpourri—Tuesday 19 September, 8pm
SI ON CHANTAIT

France, 2019, Dir. Fabrice Maruca, w/ Jeremy Lopez, Alice Pol, Artus and others, Comedy, 96 mins, French w/ English subtitles, Rated: NR (R)

Following the closure of their plant, in a small labor town, in the North of France, a group of friends decides to open a song delivery company called "Si On Chantait".

Interesting—Wednesday 20 September, 8pm
WHAT THE HEALTH

USA, 2017, Write-Director Kip Andersen & Keegan Kuhn, Documentary, 97 mins, English, Rated: NR (PG)

From the makers of the award-winning film Cowspiracy comes yet another film that follows the exciting journey of intrepid filmmaker, Andersen, as he uncovers the impacts of highly processed industrial animal foods on our personal health and greater community and explores why leading health organizations continue to promote the industry despite countless medical studies and research showing deleterious effects of these products on our health. While watching the film the audience may ask the question who the film may benefit from.

German—Thursday 21 September, 8pm
INTO THE BEAT—DEIN HERZ TANZT (Into the beat)

Germany, 2020, Dir. Stefan Westerwelle w/ Alexandra Pfeider, Helen Schneider, Trystan Pütter and others, Drama, 102 mins, German w/ English subtitles, Rated: G

In collaboration with Goethe Institut/Max Mueller Bhavan. Katya, a teen ballerina discovers hip-hop by chance and is faced with an impossible choice: Does she pursue her family's legacy and her dream of going to New York Ballet Academy or her newfound love. Electrifying dance sequences and heartwarming plot of father/daughter relationship and boy meets girl. Some may remember singer Helen Schneider from the 80s.

International—Saturday, 23 September, 8pm
CORSAGE

Austria, 2022, Dir. Marie Kreutzer, w/ Vicky Krieps, Floriana Teichtmeister, Katharina Lorenz and others, Biography-Drama, German-French w/ English subtitles, 114 mins, Rated: NR(R)

A fictional account of one year in the life of Empress Elisabeth of Austria. On Christmas Eve 1877, Elisabeth, once idolized for her beauty, turns 40 and is officially deemed an old woman; she starts trying to maintain her public image.

Children's Matinee—Sunday, 24 September, 4:30pm
OVER THE HEDGE

USA-Japan, 2006, Dir. Tim Johnson, Karey Kirkpatrick w/ voices Bruce Willis, Garry Shandling, Steve Carell and others, Animations-Adventure, 83 mins, English, Rated: PG

A scheming raccoon fools a mismatched family of forest creatures into helping him repay a debt of food, by invading the new suburban sprawl that popped up while they were hibernating...and learns a lesson about family himself.

Classic Film Festival@ Ciné-Club:

Ciné-Club Sunday 24 September, 8pm
MILOU EN MAI (May fools)

France, 1990, Dir. Louis Malle w/ Michel Piccoli, Miou-Miou, and others, Crime-Romance, 107 mins, French w/ English subtitles, Rated: R.

An eccentric French family meets in the country for the funeral of their matriarch, which takes place at the same time as the 1968 student revolts in Paris. Even with the latest updates of the riots coming in over the airwaves, the family prefers to focus on petty squabbles and personal matters rather than the current political climate.

Rating codes we often use are from Motion Picture Association of America (MPAA): G=General Audiences, PG=Parental guidance suggested, PG-13=Parents strongly cautioned, R=Restricted (equivalent to Indian rating: A i.e. for Adults), NR=Film Not rated, Rating awaited, or Rating not available. For scheduling programs at MMC/CP venue: please email us at mmcauditorium@auroville.org.in. We appreciate your continued support. Pl donate to 'Cinema Paradiso' (account #105106) or set up for a monthly contribution. We need it now more than ever.

Thanking You, Nina for MMC/CP
 Group Account #105106,
mmcauditorium@auroville.org.in

Cinema

INTENSIVE ACTORS & DIRECTORS
Collaborative Workshop

Join Anupam Barve for a 12 days intensive Actors & Directors Collaborative Workshop—Learn the dynamics of the actor-director relationship towards conceiving and catalyzing convincing performances—take back home your own screenworks.

- 18 to 29 September in Auroville.

To know more, please visit:

- <https://filmstitute.auroville.org/2023/08/03/directing-actors-and-performing-for-camera/>
- Or call / message +91 9969879319 (WA, Telegram)
- https://youtu.be/99-6M7KzdLs?si=n_i9exDTjp-Dq718W

Warmly, Richa



ECO FILM CLUB

Every Friday at Sadhana Forest

Schedule of Events

- 16:00 Free bus from Solar Kitchen to Sadhana Forest for the Tour
 - 16:30 Tour of Sadhana Forest
 - 18:00 Free bus from Solar Kitchen to Sadhana Forest for the Eco Film Club
 - 18:30 Eco Film Club begins with 'previews' of short Sadhana Forest films
 - 20:00 Dinner is served
 - 21:15 Free bus from Sadhana Forest back to Solar Kitchen
- Before the movie, at exactly 16:30 you are welcome to join us for a full tour of Sadhana Forest and an update of our most recent work! After the film, you are welcome to join us for a free 100% vegan organic dinner! The bus service is operated by Sadhana Forest. For more information about the bus service please contact Sadhana Forest at 8525038274.



****Note:** Families and children are welcome! Dinner for children will be served at 19:00:)

Friday, 22 September

The World of Meat Substitutes

2022/ 33 minutes/ Jakob Schmidt, Jannis Funk

Meat substitute products use various tricks to imitate the taste and consistency of meat, and do so quite successfully. But some food companies have gone a step further: They grow real meat in their laboratories, for which no animal has ever had to die.

Submitted by Shek

AUROFILM



At Multi Media Centre Auditorium, Town Hall

Reminder

- Friday 15 September, "The Florida Project" by Sean Baker, US, 2017

Adieu Phillipine

- Friday 22 September, 8pm

Due to some technical issue, the storm & rains last Friday but also a general request, we reprogram this great movie: "Adieu Phillipine"

Directed by Jacques Rozier, France, 1961

With: Jean-Claude Aimini, Stefania Sabatini, Yveline Céry

Overview: The film has been praised as one of the key films of the French New Wave. It was Rozier's first feature and it portrays French youths at the time of the Algerian War.

Synopsis: Paris, summer 1960. Michel is a young technician in the fledgling TV industry and is due for military service in two months at the time of the Algerian War. Juliette and Liliane are inseparable best friends (like the "Philippine almonds"), and aspiring actresses, who hang around outside the TV studio. Michel considers his last days of freedom before being drafted, suddenly decides to leave his job and goes on a holiday to Corsica. The girls follow him...

Original French version with English Subtitles.

Duration 1h.46'

At Aurofilm, Kalabhoomi

Cine-Master Class

- 4:30 – 7:30pm on Sunday, 17 September at Aurofilm, Kalabhoomi (next to CRIPA)



CINE-MASTER CLASS

SUNDAY 17 SEPTEMBER 2023

at AUROFILM, KALABHOOMI (next to CRIPA) 4:30 pm

By our guest speaker, Professor Sivakumar Mohanam

A film by Christian Mungiu



A filmmaker and film teacher, Prof. Sivakumar M. will present an award-winning Romanian film: "GRADUATION" which will be screened and followed by an open discussion.

A fascinating and complex study of one man's moral choices at a crucial juncture in his life... Cristian Mungiu's "Graduation" offers proof that Romania's cinematic upsurge is a most vital and important national film movement of the current century.

Presentation, Film, interactive discussion

Romania 2016 - Original Romanian version, English ST - 2h08'

If you like to discuss, share and learn more about films and Cinema, we invite you to our Cine-Master classes! Welcome to this chapter led by our special guest speaker Pr. Sivakumar Mohanam on: "GRADUATION" (Bacalaureat) by Cristian Mungiu (Romania, 2016)

Our guest speaker: A Filmmaker and Film teacher (LV Prasad Film & TV Institute, and Loyola College, Chennai) Professor Sivakumar Mohanam will offer a presentation on award-winning Romanian film "GRADUATION" by director C. Mungiu's film, which will be screened and followed by an open discussion.

Overview: Romeo Aldea (49), a physician living in a small mountain town in Transylvania, has raised his daughter Eliza with the idea that once she turns 18, she will leave to study and live abroad. His plan is close to succeeding - Eliza has won a scholarship to study psychology in the UK. She just has to pass her final exams - a formality for such a good student. On the day before her first written exam, Eliza is assaulted in an attack that could jeopardize her entire future. Now Romeo has to make a decision. There are ways of solving the situation, but none of them using the principles he, as a father, has taught his daughter...

A fascinating and complex study of one man's moral choices at a crucial juncture in his life, Cristian Mungiu's "Graduation" is a thorough going masterpiece which also offers proof that Romania's cinematic upsurge is a most vital and important national film movement of the current century. (Film in its original Romanian version with Engl. Subtitles, dur. 2h.08') Christian Mungiu is the director of "4 Months, 3 Weeks and 2 Days", awarded Golden Palm and other prizes in Cannes Int. Film Festival, 2007 among other festivals)

- **Please note:** that for this CMC, due to the length of the film, we will start at 4:30pm (usually we start at 5pm).

Surya, for Aurofilm team

The Last Moment: Languages

NEWS

From Auroville Language Lab



Please remember to put your mobile phones on flight mode and switch off all wireless and Bluetooth devices before you enter the Lab. We are a wireless-free space!

- **Looking for:** If you are a true-blue Malayali and speak Malayalam with an authentic Malayalam accent, please contact us by Whatsapp at +919443631861 or email at tomatis@aurovillelanguagelab.org. We need to record some words & sentences as well as some simple daily life conversations in Malayalam for a research project.

Tomatis

There are spaces available for both language & therapeutic programmes!

- Please contact 0413-3509932 or 0413-2622467 or email us at tomatis@aurovillelanguagelab.org to schedule your Listening Tests & Consultations.

To know more about the Tomatis Method, please have a look at the following links:

- <https://www.aurovillelanguagelab.org/tomatis-method.php>
- <https://www.aurovillelanguagelab.org/tomatis-kids.php>
- <https://www.youtube.com/watch?v=wnpXprTl3m0>
- <https://www.youtube.com/channel/UCeTIG0y-sBMlly-wZNdZcAng/videos>
- <https://www.listenwell.com/>

For those who slipped through the cracks, whose requests we were not able to respond to, we sincerely apologize. Please send us an email if still interested, and we'll get back to you soon!

Current Language Courses at ALL

New: German with Ben

We are thrilled to announce that Ben has joined us as our new German teacher! A recent newcomer & native German speaker, Ben has been an online teacher for three years now, giving integration classes and language courses to immigrants from various backgrounds. He is now eager to apply his skills to an in-person classroom. Ben is a language enthusiast and takes interest in translating poetry and studying ways of integral education. Ben is offering two courses:

- **Beginner German**

This course is now closed to new registrations.

- **German Conversation**

This 2-month course is for those who already know a bit of German and would like to further polish their speaking skills.

- This course will start as soon as we have 4-5 registrations. Classes will take place **Tuesdays & Thursdays, 4 to 5pm.**

New: Spoken Tamil with Saravanan

The current course will conclude soon. We will start a new batch in September!

Saravanan has been running this interactive and practical-oriented course for the past seven years. The class modules are based on a booklet called "Fun with Tamil", which has been put together with a lot of research and thought. By the end of this course, you would be able to converse in Tamil on day-to-day matters, having achieved a deeper understanding of its sounds, pronouns, conjugations, etc. This course fills quick. Register soon!

- Classes will take place **Tuesdays & Fridays, 9:30am to 10:30am.** Course started on **September 12** comprising 24 hours of teaching over three months.

New: Beginner Hindi with Alka

A native Hindi speaker, Alka has a passion for teaching which she has keenly pursued over the last twelve years. Her approach is to make learning easy through games, songs, poems, & other interactive modes. This three-month (24-hour) beginner course is a great introduction to the Hindi language, and intends to make learners comfortable with basic Hindi vocabulary, grammar, and everyday sentences. The course will also make use of the material put together by the Landour Language School, one of the oldest Hindi language schools of India. The course will be paced to align with each student's comfort.

- The course started on **September 9.** Classes will take place **Saturdays, 10am to 12noon.**

New: Beginner Spanish with Mila

Great news for Spanish learners!

Our long-time Spanish teacher, Mila is ready to start a new batch for Beginner Spanish. This three-month (24-hour) course is structured on the highly-acclaimed book, "Madrigal's Magic Key to Spanish: A Creative & Proven Approach." Mila has been running this course since many years. By the end of the course, students will be equipped with the Spanish alphabet, phonetics, & vocabulary. The course will also delve into verb conjugations, formation of sentences, use of adverbs & adjectives, and work on the student's listening & reading skills.

- We hope to start as soon as we have 6-7 confirmed registrations. Classes will take place twice weekly, on **Tuesdays and Thursdays, 2:30 to 3:30pm.**

New: French with Jean-François

Jean-François offers four 2-month (16-hour) courses.

- **Beginner French**

This course is now closed for new registrations.

- **Beginner French for Teens**

This course is for students between 13 to 16 years of age. The course is based on exercises that use many media like videos, games, role-playing, etc. to make learning both fun and effective. By the end of the course, students will have an immersion in the French language and will be able to express themselves in a simple way.

- We need five confirmations to start the course. Classes will take place **Saturdays, 11am to 12noon.**

• French Conversation

For those of you who know a bit of French, this is the perfect course to get more fluent, expand your vocabulary, and speak without inhibition in a diverse & fun group! Each lesson covers a theme of daily life (work, family, hobbies, shopping, projects, etc.) and is aimed at developing the students' ability to express themselves and interact in French. Jean-François would explore a range of topics like food, sports, travel, philosophy, news, literature, economics, social sciences, theater, and more. He will also review the grammar useful for basic conversation.

- This course started on **August 3**. Classes take place **Mondays & Thursdays, 2:30 to 3:30pm**.

Italian Conversation with Fabio

This two-month (16-hour) course is for learners who already have a basic knowledge of Italian and would like to explore the language further & polish their speaking skills. Fabio will delve deeper into spoken grammar, phonetics, conversation, and any other topics of interest. This is mainly for those who took the Beginner course last time, but is open to all. This course will close at 4 registrations.

- This course started on **September 12**. Classes will take place **Tuesdays & Thursdays, 2:30 to 3:30pm**.

Intermediate Spanish with Susana

Our long-time teacher, Susana, is offering an Intermediate Spanish course for students who are already familiar with the various verbal modes in Spanish language (Infinitive, Indicative, Conditional, Subjunctive, and Imperative). The course will focus on polishing the conversational skills of the students and will also dive into the rules of grammar. This is a monthly course.

- Classes take place every **Tuesday, 2:30 to 4:00pm**.

Beginner and Pre-Intermediate English with Rupam

Rupam continues to offer morning English classes. Her classes are a mix of discussion on current topics, and grammar as necessary. You are welcome to try out a class and see if it fits your needs. However, please note that this is not a drop in/walk in class but is meant for students committed to joining the course.

- Classes take place **Tuesdays & Thursdays, 10:30 to 11:30am**. Enquire now to join!

If there is a language you would like to learn, and it's not on our list, please send us a query!

To join or enquire

Please fill out our form at <http://register.aurovillelanguageagelab.org/> You may also drop us an email at info@aurovillelanguageagelab.org, call us at 2623661 or come visit us!

Please Note: Registration and contribution are essential before you join a course with us. Please see our team member at the front desk to ensure this is complete, thank you!

Current Schedule of Classes

Language	Level	Time	Day(s) of Classes
English	Pre-Intermediate & Intermediate	10:30—11:30am	Tuesday & Thursday
	Conversation	TBA	TBA
French	Beginner Started 5 August 2023	2:30—4:30pm	Saturday
	Beginner for Teens To start soon	11am—12noon	
	Conversation Started 3 August 2023	2:30—3:30pm	Monday & Thursday
Tamil	Spoken Beginner Started 12 September 2023	9:30—10:30am	Tuesday & Friday
Sanskrit	Beginner To start September 2023	TBA	TBA
Hindi	Beginner Started 9 September 2023	10am—12noon	Saturdays
German	A1.1 Beginner Started 11 September	9:30—11am	Monday & Wednesday
	German Conversation To start soon	4—5pm	Tuesday & Thursday
Spanish	Beginner To start September 2023	2:30—3:30pm	Tuesday & Thursday
	Intermediate	2:30—4pm	Tuesday
Japanese	Beginner To start November 2023	TBA	TBA
Italian	Beginner TBA	2:30—3:30pm	Monday & Wednesday
	Conversation Started 12 September	2:30—3:30pm	Tuesday & Thursday

The Language Lab is open

- **Monday—Saturday, 9am—12noon & 2—5pm**
- **Location:** International Zone, after Unity Pavilion & Pump House.
- **Phone:** (0413) 2623661, 2622467, +919843030355
- **Email:** info@aurovillelanguageagelab.org



**Vismai,
for Language Lab Team**

Accessible Auroville Public Bus

avbus@auroville.org.in, +91 94430 74825



Auroville TO PONDICHERRY

	Trip 1	Trip 2	Trip 3
Svaram Musical Center	7:00	8:50	14:50
Veite Guest house—Junction	7:02	8:52	14:52
Town Hall—Main Parking	7:06	8:56	14:56
Solar Kitchen (Round About)	7:10	9:00	15:00
Certitude Entrance	7:12	9:02	15:02
New Creation Road	7:17	9:07	15:07
SBI Bank—Kuilapalayam	7:19	9:09	15:09
ECR Junction—Aroma Guest House	7:23	9:14	15:14
Quiet Healing Center—Junction	7:26	9:17	15:17
Lotus Hotel—S.V Patel Salai	7:36	9:30	15:30
Ashram Road Junction	7:38	9:33	15:33
Ashram Dinning Hall	7:40	9:35	15:35



Pondicherry TO AUROVILLE

	Trip 1	Trip 2	Trip 3
Ashram Dinning Hall	8:00	12:15	18:10
Ashram Road Junction	8:02	12:17	18:12
Lotus Hotel—S.V Patel Salai	8:07	12:22	18:17
Quiet Healing Center—Junction	8:17	12:32	18:27
ECR Junction—Aroma Guest House	8:20	12:35	18:30
SBI Bank—Kuilapalayam	8:25	12:40	18:35
New Creation Road	8:27	12:42	18:37
Certitude	8:32	12:47	18:42
Solar Kitchen—Round about	8:34	12:50	18:44
Town hall Main Parking	8:38	12:54	18:48
Verite Guest House—Junction	8:42	12:58	18:52
Svaram Musical Center	8:45	13:00	18:55

- Monthly Rs.800: Aurovilians & Newcomers, No validity
- Student Pass Rs.1200 per month/ 24 days round trip.
- Rs.150 Round trip for Aurovilians & Newcomers
- Rs.200 Round trip for guests.
- Bus passes are available at Auroville Vehicle Service, Town Hall, Auroville, 0413 2623302

N&N Guidelines



Hard deadline for submissions TUESDAY 3pm

The content of News & Notes is a reflection of the growth process of this community towards its ideals of Harmony, Goodwill, and Truth.

How to submit material:

- Max size of the published poster is 9cm x 9cm independently of the size you sent. The bigger posters will be reduced.
- Please AVOID CAPS letters
- Material (no pdf files, please) may be sent in English only to newsandnotes@auroville.org.in.
- Articles for the Notes section should ideally be no longer than 500 words.
- Please do not send submissions and inquiries as a 'Reply' to the digital subscription mail. There is no guarantee that anyone will see communications sent this way.
- Please try your best to send your announcements, reports, film schedules whenever they are ready. Any modifications of submitted News items must be sent to the editors before Tuesday 3pm.

Disclaimer:

The views expressed on these pages are those of their respective authors or work groups and do not represent the position of the editors or of the community as a whole. The News & Notes serves as a channel for the publication of material coming from trusted sources within Auroville. The editors cannot be held accountable for any alleged misinformation given or offense caused. In case of any dispute, the Auroville Working Committee may be consulted and publishing of disputed material suspended.

Roy & Agnijata, News & Notes,
Media Centre, Town Hall,
NewsAndNotes@auroville.org.in, 0413 2622133

Emergency Services

Ambulance (24/7): Auroville—9442224680

- PIMS—0413 2656271

Security (24/7):

- Auroville Safety & Security Team—9443090107
- Auroville Police Station—0413 2677318
- Kottakuppam Police Station—0413 2236148
- Vanur Fire Station—0413 2677368

Health: Health Center—0413 2622123

- Santé—0413 2622803
- Farewell—8903836246

Mental health 24/7 support:

- Vandrevala Foundation +91 9999666555

India Emergency Response Service (24/7):

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